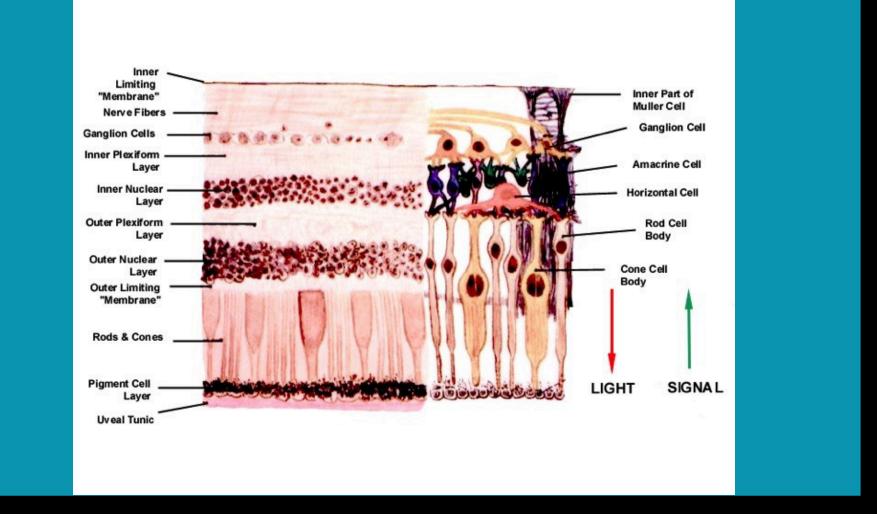
GETTING STARTED WITH OCT Julie Rodman OD, MSc, FAAO Professor, Nova Southeastern University College of Optometry

Disclosures:

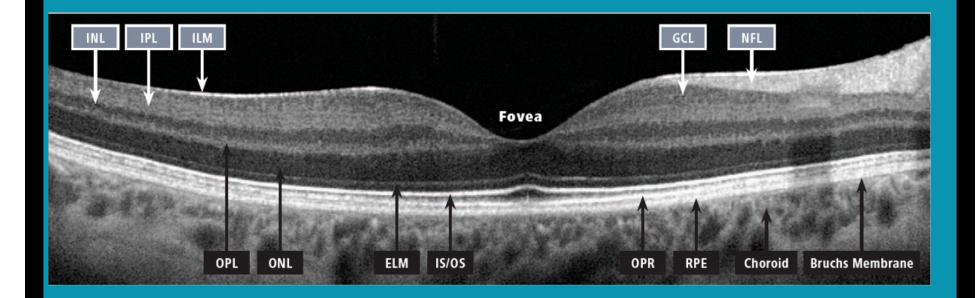
Speaker/Consultant:

- Visionix (Optovue)
- iCare
- Apellis
- Astellas
- LKC Technologies
- Regeneron

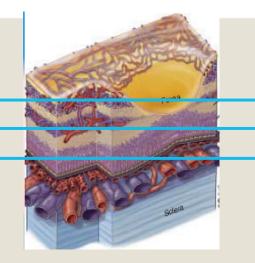


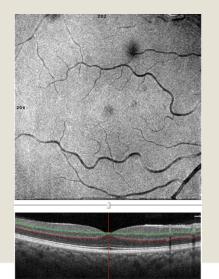


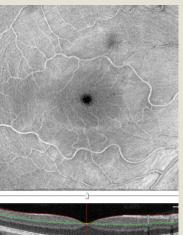
OCT <u>B-Scan</u> Layers

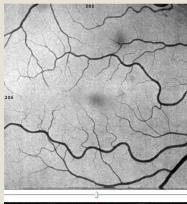


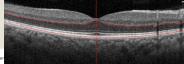
<u>En Face</u> Structural Visualization of Layers Based on Retinal Anatomy

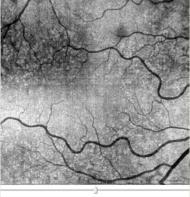


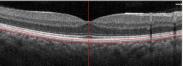


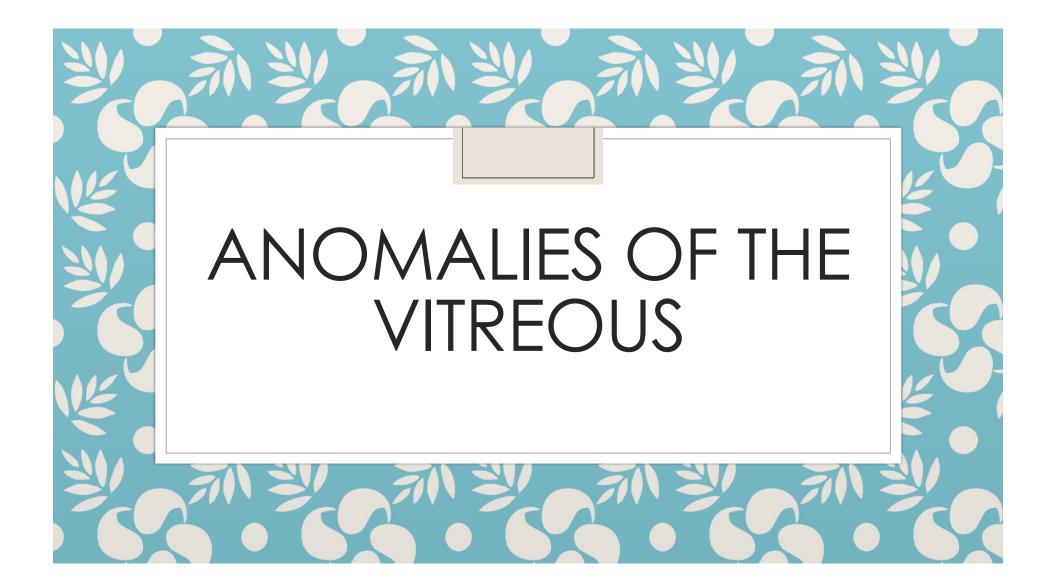


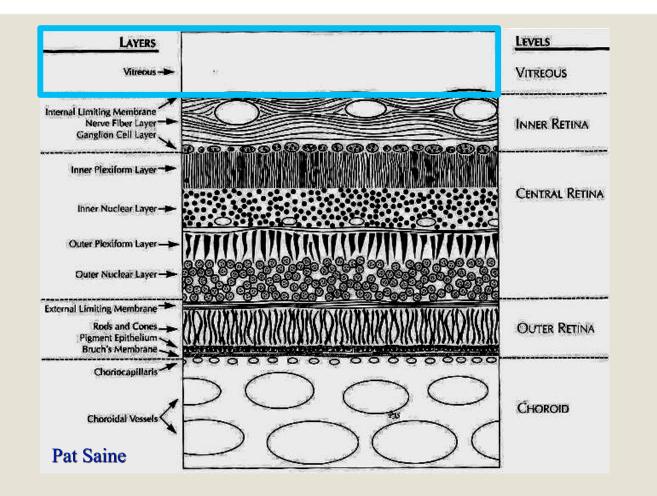






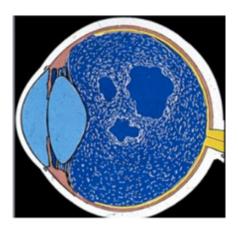


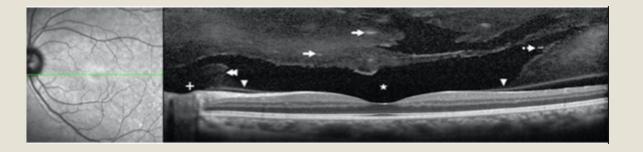




Aging of the Vitreous: Two Processes

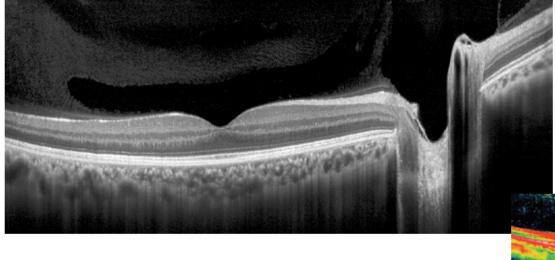
Synchysis (liquefaction of the vitreous gel)

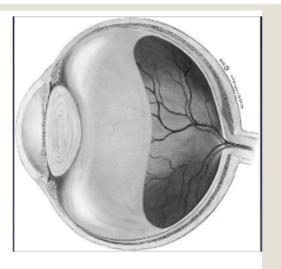


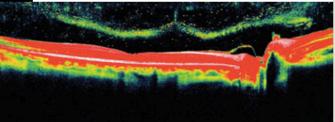


Aging of the Vitreous: Two Processes

Syneresis (Contraction of the Vitreous Gel)





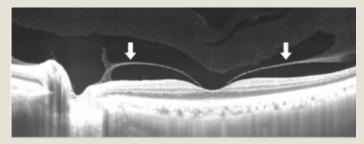


https://ars.els-cdn.com/content/image/1-s2.0-S2211505615000800-gr2.jpg

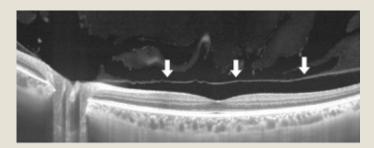
Stages of PVD



Stage 1:Single quadrant of perifoveal detachment



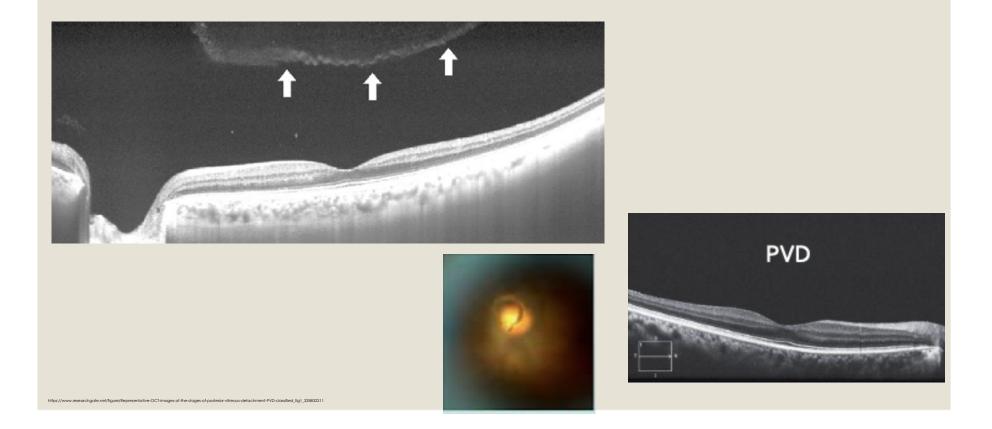
Stage 2: 360 degrees perifoveal detachment

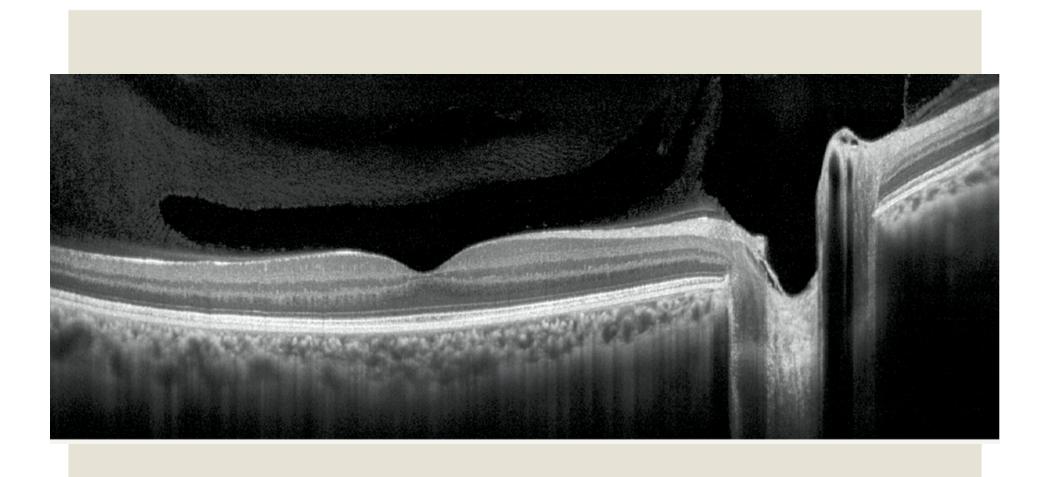


Stage 3: Vitreofoveal separation with adhesion at ONH

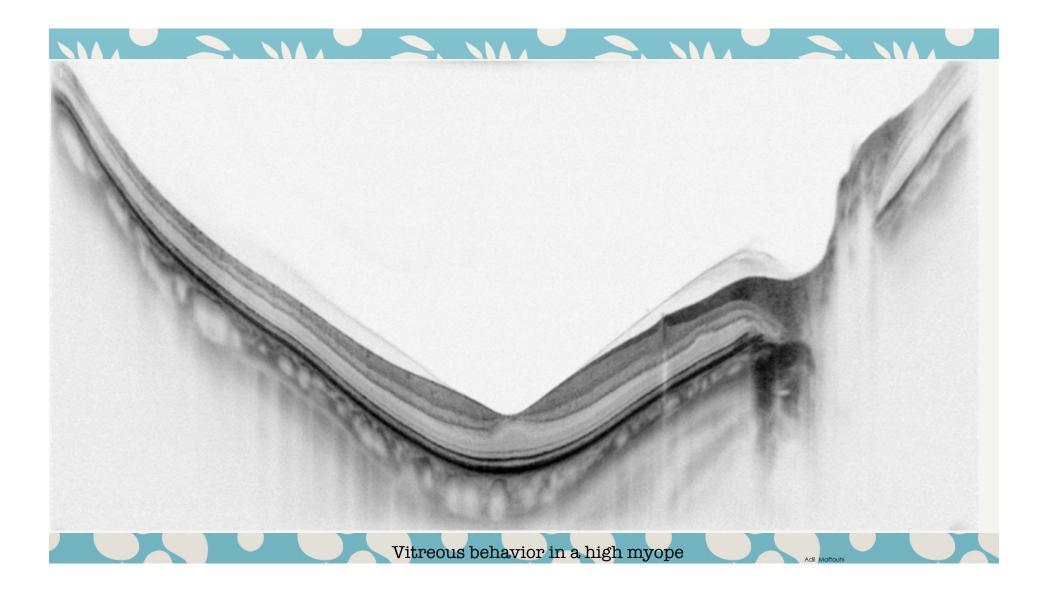
https://www.sciencedirect.com/science/article/pii/S2468653018304998

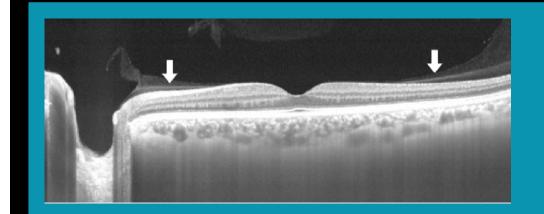
Complete Posterior Vitreous Detachment





ttps://ars.els-cdn.com/content/image/1-s2.0-S2211505615000800-gr2.jpg

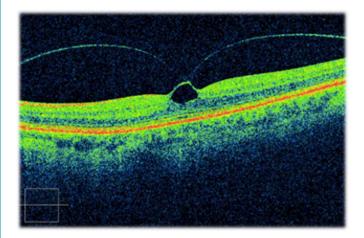




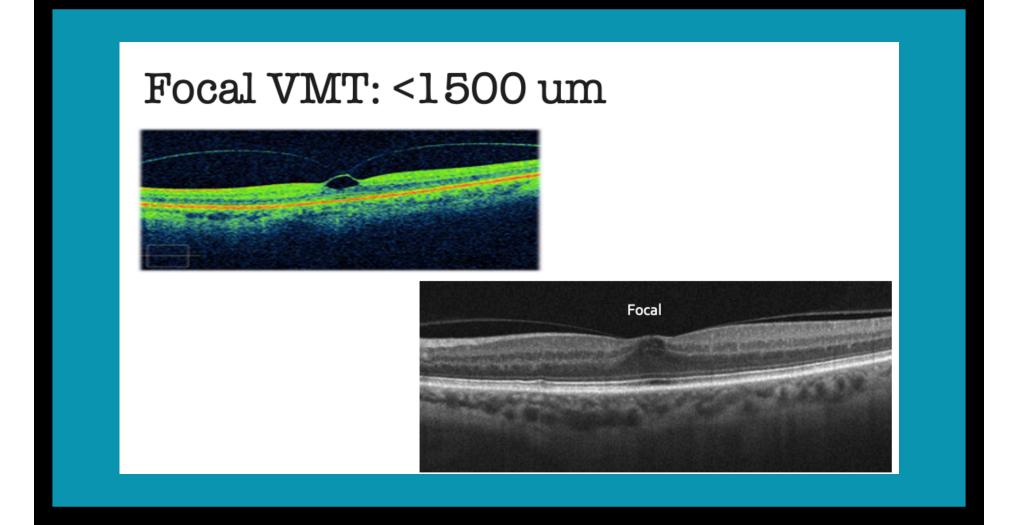
Vitreomacular Adhesion: Paramacular PVD:

How do we classify Vitreomacular Adhesion?

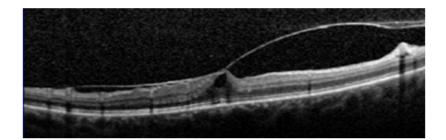
Vitreomacular Traction

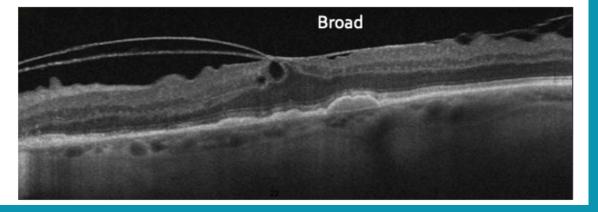


Attachment of the vitreous cortex to the macula within a 3 mm radius of the fovea resulting in <u>distortion of the foveal</u> <u>surface</u>



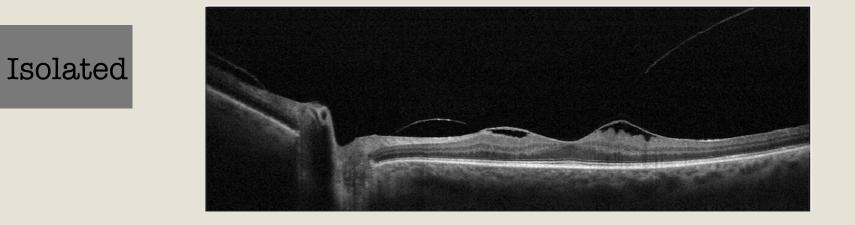
Broad VMT: >1500 um

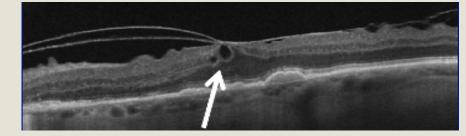




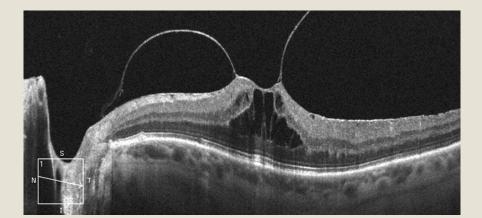
Isolated versus Concurrent

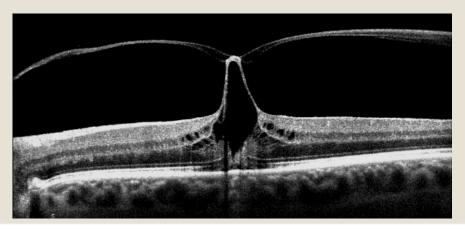
Concurrent





Which eye has the better visual prognosis?



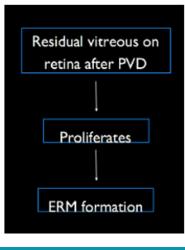


- ✤ Focal or Broad??
- Isolated or Concurrent?
- ✤ Integrity of PIL?

With PVD progression, residual vitreous tissue is left on inner retinal surface...

Residual vitreous proliferates to form ERM





Epiretinal membrane: Grade 1



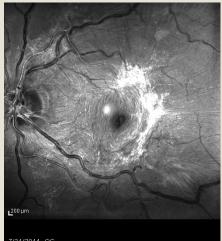
A cellophane-like sheen is observed over the macular area, causing very <u>mild wrinkling</u> of the inner retinal surface, with <u>little or no modification of</u> <u>retinal vessel trajectory</u>. These membranes are rarely symptomatic.

https://imagebank.asrs.org/discover-new/files/3/25?g=epiretingl%20membrane%20/ERM

Epiretinal membrane: Grade 2



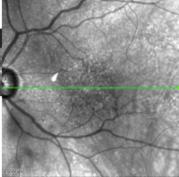
Fibrous tissue is observed over the macular area, causing <u>significant wrinkling of the</u> <u>retinal surface and modification</u> <u>of the retinal vessel trajectory</u>.

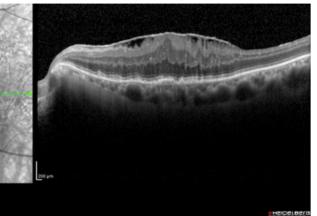


Red Free 30° ART(22) 99823.3

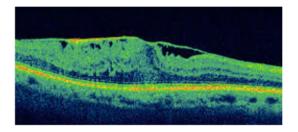
engineering

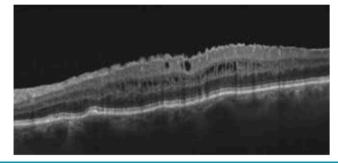
Epiretinal Membrane: OCT





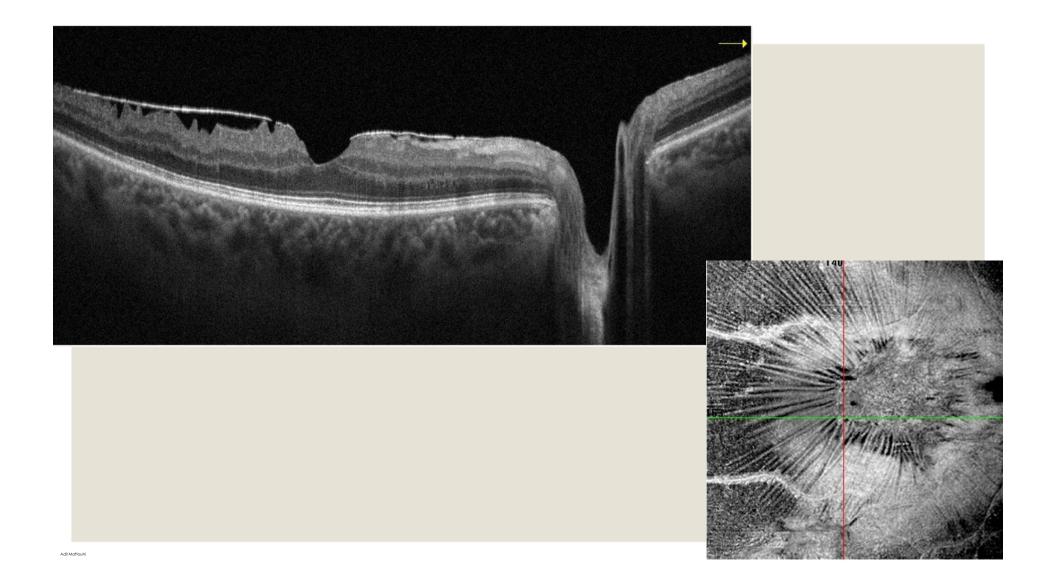
19/12/2017, OS IR&OCT 30° ART [HS] ART(100) Q: 32

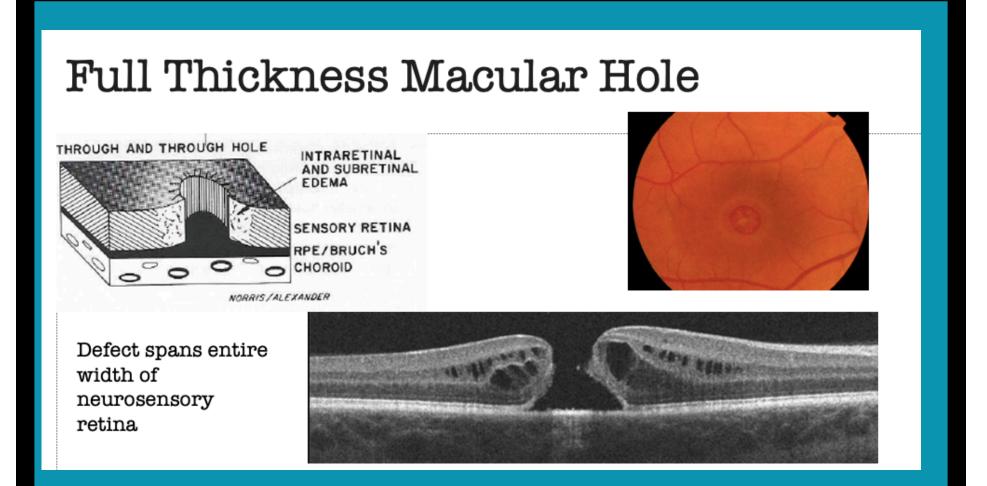




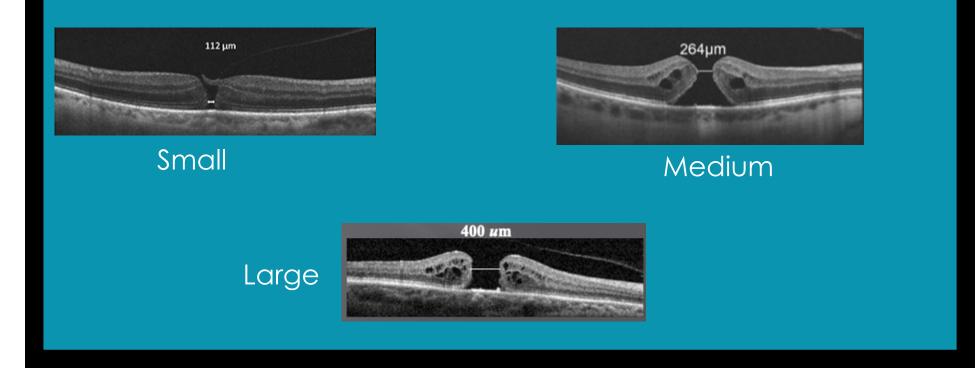
https://www.retinaky.com/macular-pucker-louisville/

https://bjo.bmj.com/content/98/Suppl_2/ii20

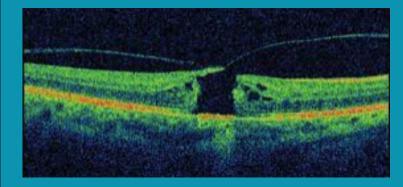


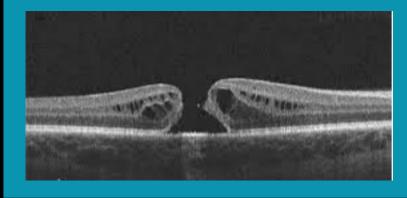


<u>Small</u>: Full thickness defect; <_ 250 um <u>Medium</u>: Full thickness defect; >250 um and <400 um <u>Large</u>: Full thickness defect; >400 um



Is there VMT?? Primary versus Secondary



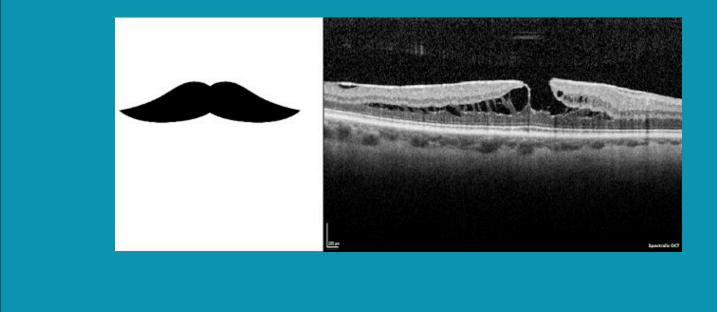






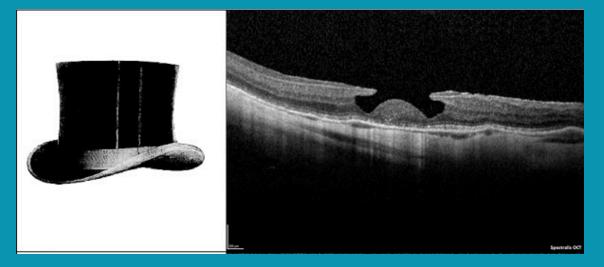
Partial Thickness Macular Hole: Lamellar

Tractional: Epiretinal membrane Foveal schisis



https://louisvillediabeticeyedoctor.com/wp-content/uploads/2016/04/ Lamellar_Macular_Hole_Two_Distinct_Clinical_Entities_04-25-16.pdf

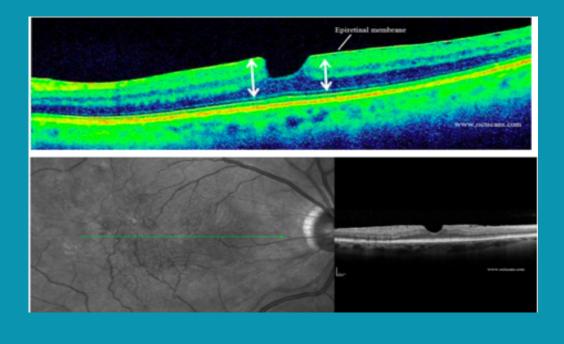
Partial Thickness Macular Hole: Lamellar



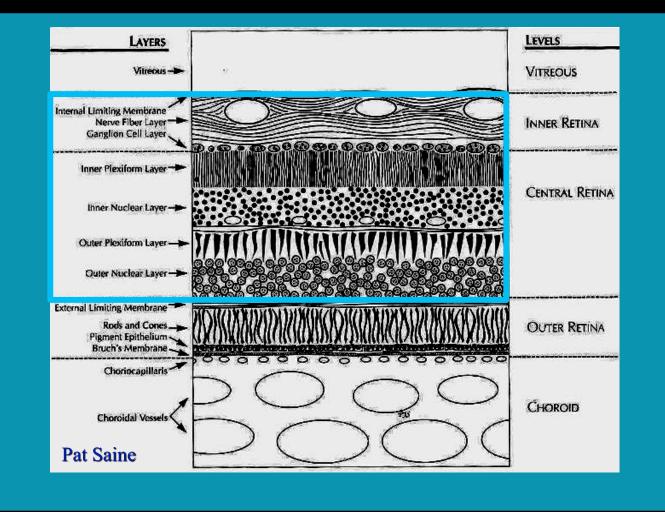
Degenerative: Epiretinal proliferation Round edges Incomplete break

https://louisvillediabeticeyedoctor.com/wp-content/uploads/2016/04/ Lamellar_Macular_Hole_Two_Distinct_Clinical_Entities_04-25-16.pdf

Partial Thickness Macular Hole: Pseudohole



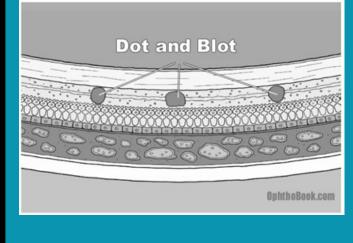


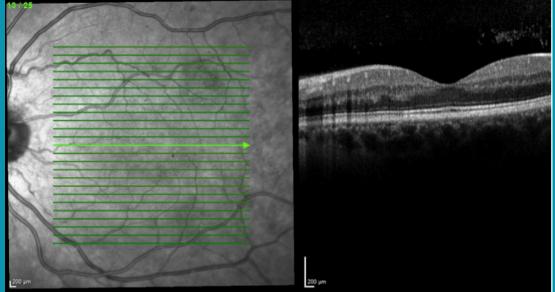


Diabetic Retinopathy: Non-Proliferative

Hemorrhage: <u>HYPER</u>-reflective

Check the layer*

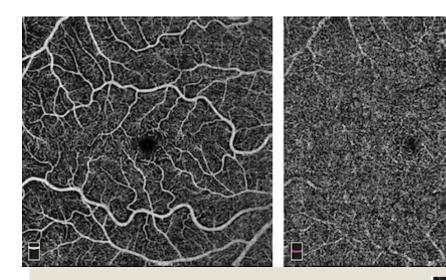




https://www.octscans.com/diabetic-retinopathy.htm

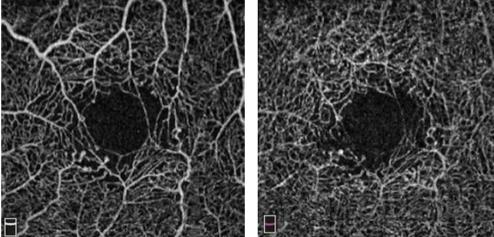
Diabetic Retinopathy: Non-Proliferative Exudate: <u>HYPER</u>-reflective Arteriole Venule Vitrous Flame-shaped Dat hemorrhage inner limiting membrane **Check the layer*** Nerve fiber layer Ganglion cell layer inner plexiform layer inner nuclear layer Outer plexiform layer hard exudates Outer nuclear layer External limiting membrane Rods and Cones Retinal pigment epithelium Exudate in outer plexiform layer 1000

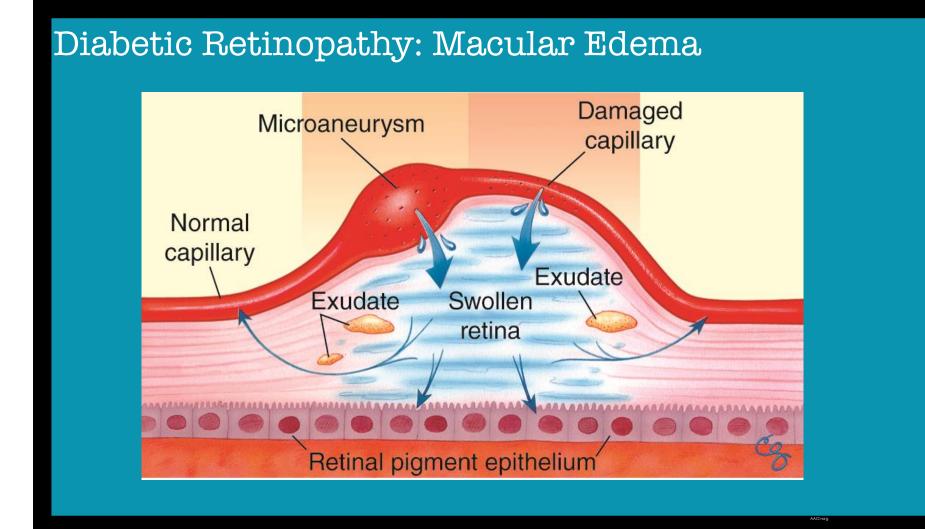
https://www.octscans.com/diabetic-retinopathy.htm



Normal: SCP/DCP

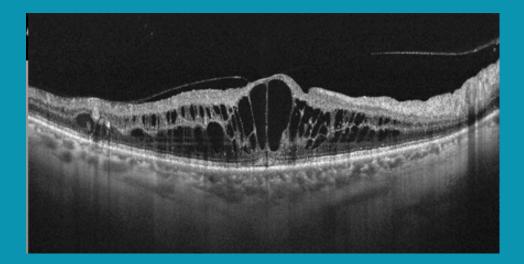
What about OCTA in NPDR?





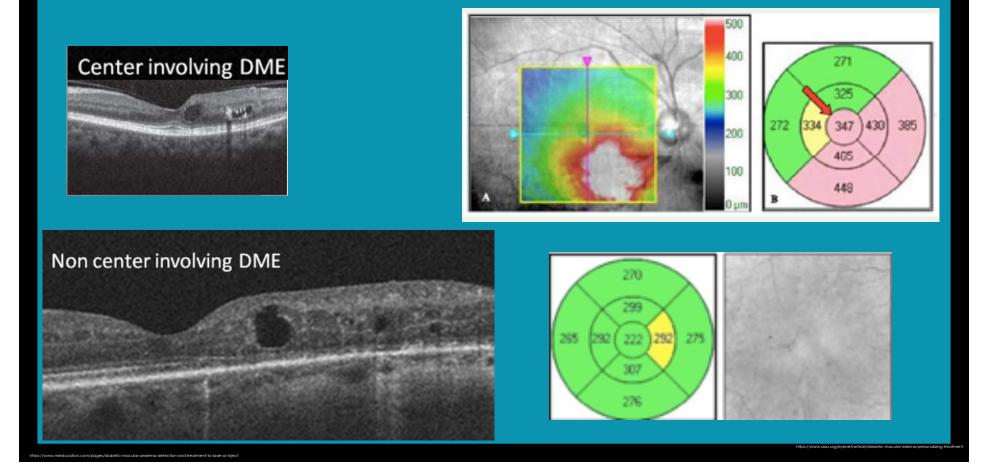
Diabetic Retinopathy: Macular Edema

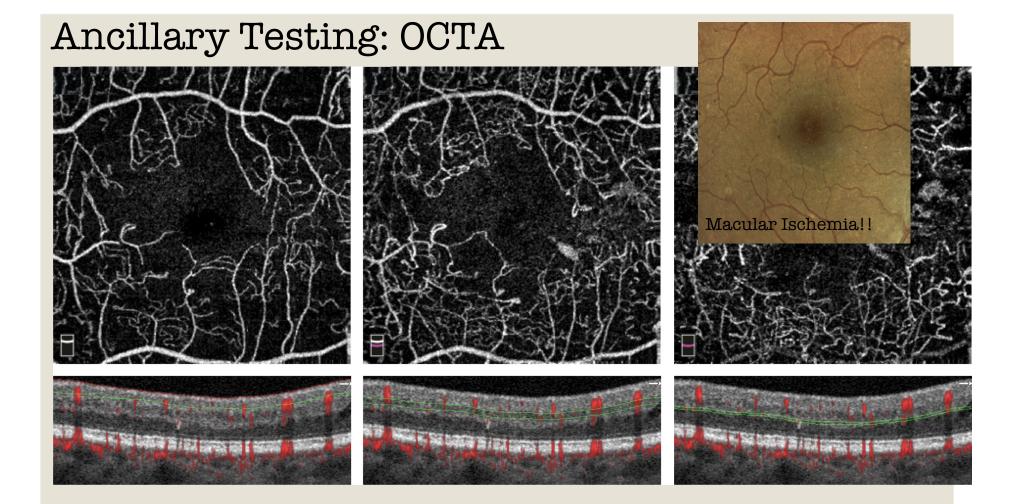
<u>HYPO</u>-Reflective: Serous Fluid





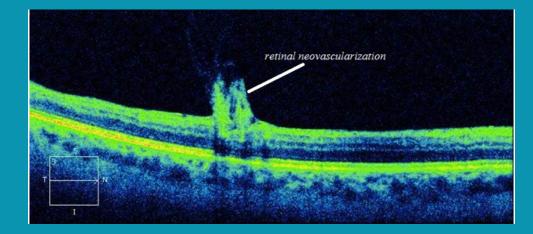
Macular Edema: CI versus NCI

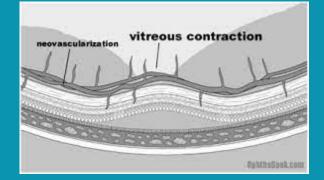




ciencedirect.com/science/article/pii/S0042698917300950#1004

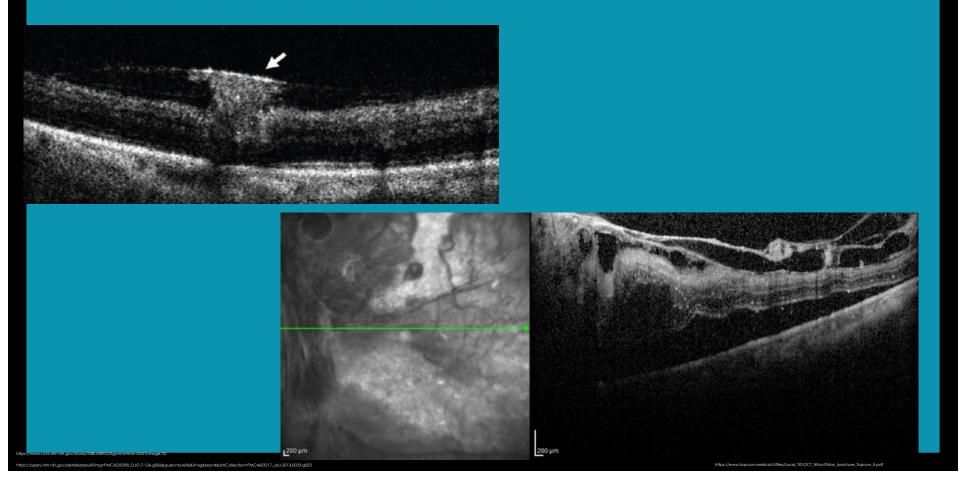
Diabetic Retinopathy: Proliferative

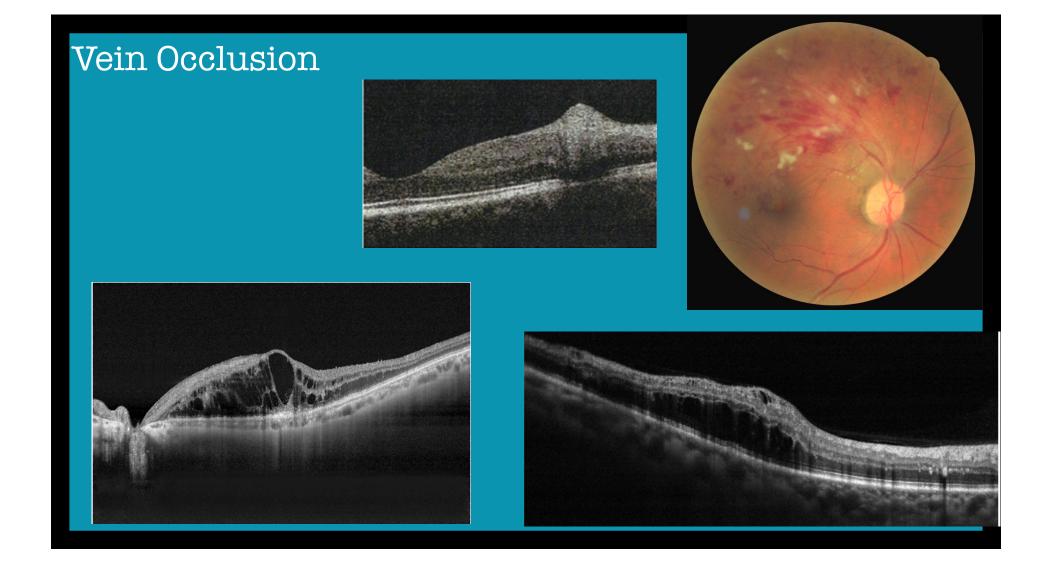




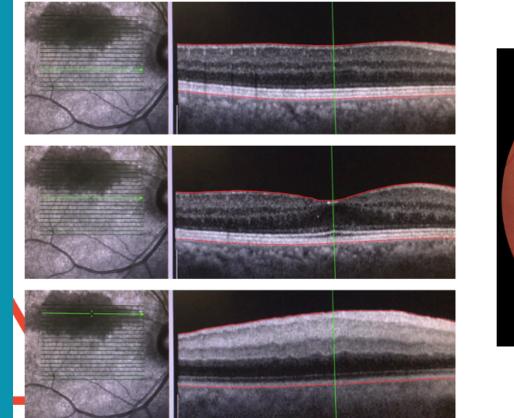
https://www.lapcon-medical.it/files/Local_Tif/OCT_Triton/Triton_brochure_Toncon_it.ndt

Diabetic Retinopathy: Proliferative





Artery Occlusion: Acute



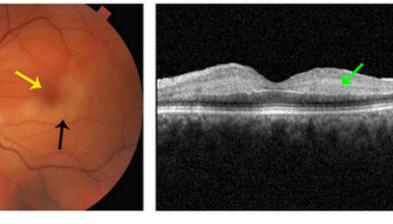


http://eyesteve.com/branch-retinal-artery-occlusion/

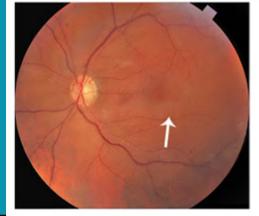
Artery Occlusion:

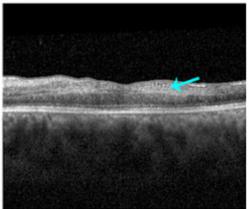
Chronic

2-24-2017



3-24-2017

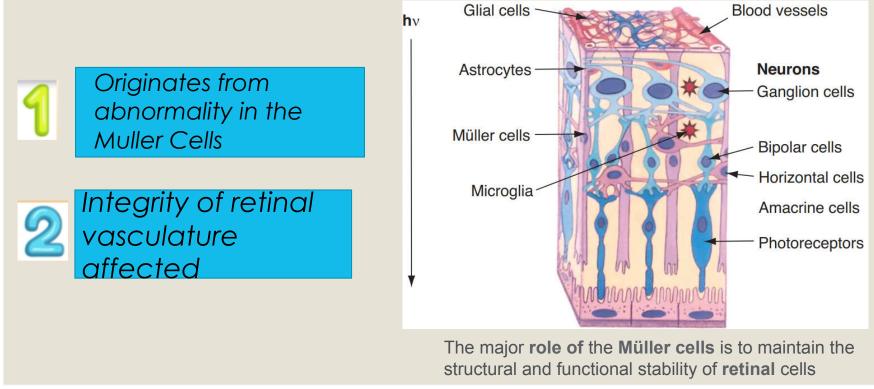






What is Macular Telangiectasia 2?

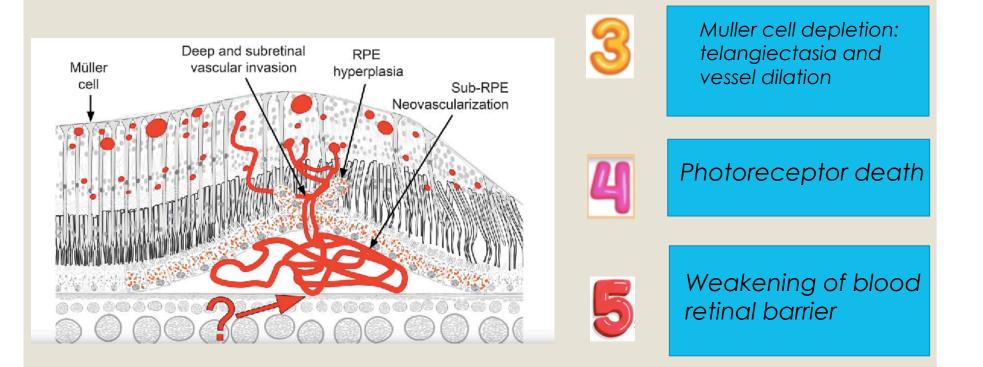
Proposed hypothesis: Neuro-degenerative disorder

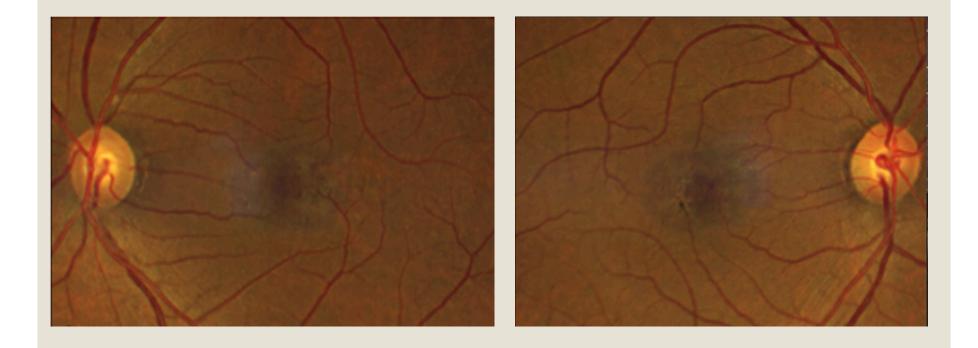


https://www.aao.org/bcscsnippetdetail.aspx?id=c26176c2-66e2-4a25-96d1-b715d1661cfb

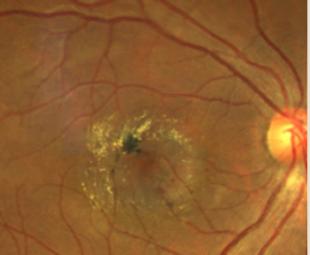
What is Macular Telangiectasia 2?

Proposed hypothesis: Neurodegenerative disorder





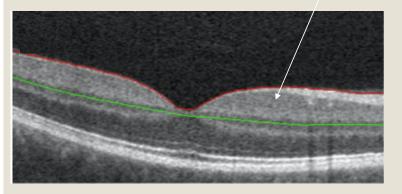


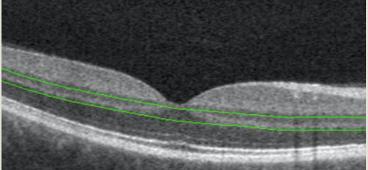




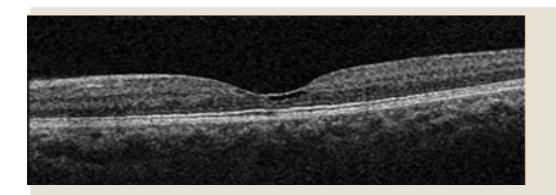
OCT: Normal

Muller Cells

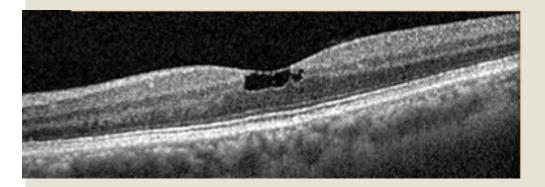




os://www-ncbi-nlm-nih-gov.ezproxylocal.library.nova.edu/pmc/articles/PMC5518977/pdf/i1552-5783-58-9-3683.p

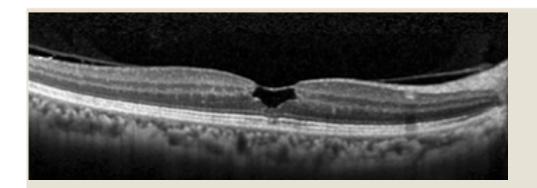


Hypo-reflective cavities in inner retina

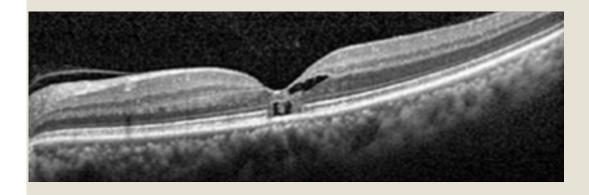


"ILM DRAPE"

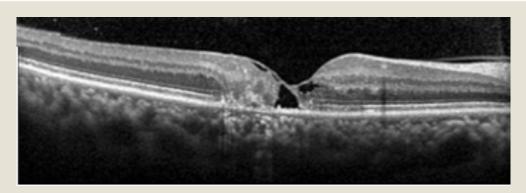
https://www.nature.com/articles/s41598-020-73803-9



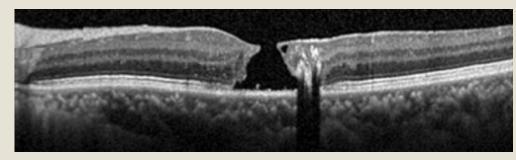
ENLARGEMENT OF ILM DRAPE



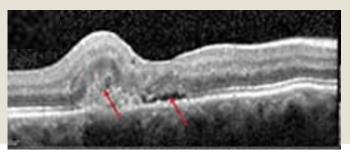
INVOLVEMENT OF OUTER RETINA; IS/OS



CAVITY SPANS TO OUTER RETINA



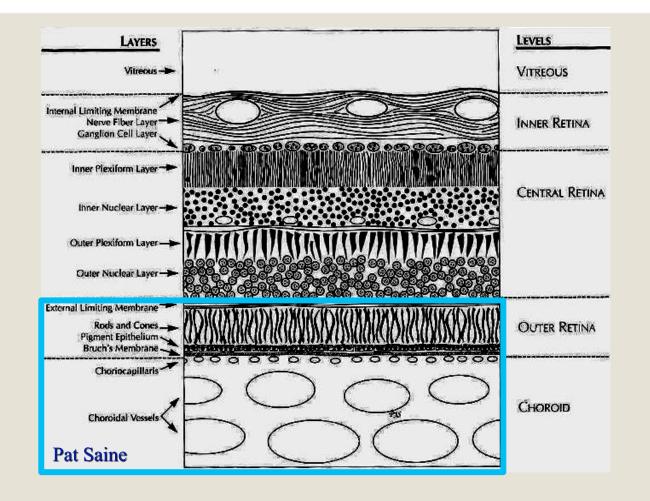


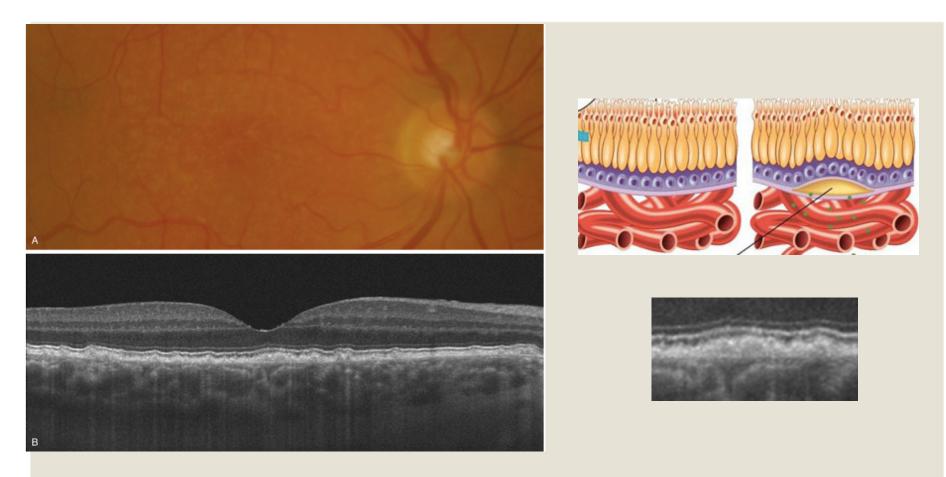


SUBRETINAL NEOVASCULARIZATION

https://www.nature.com/articles/s41598-020-73803-9

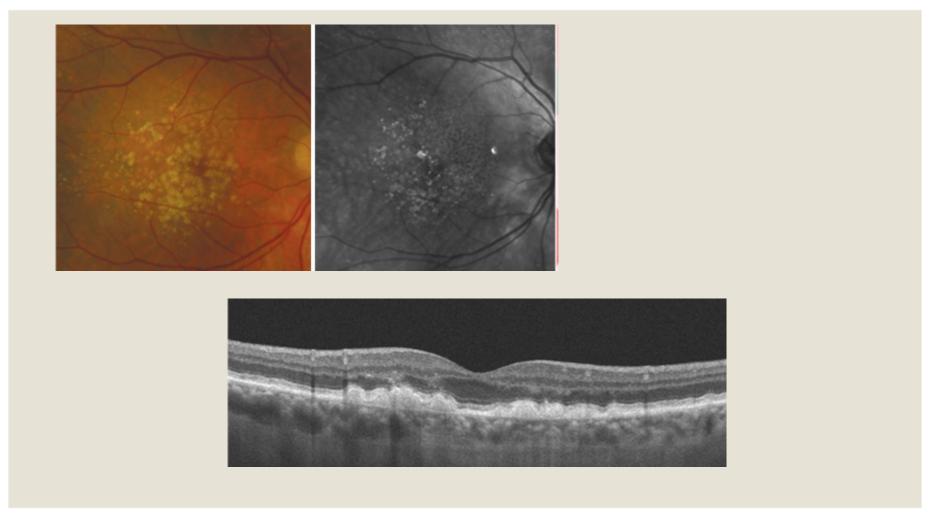




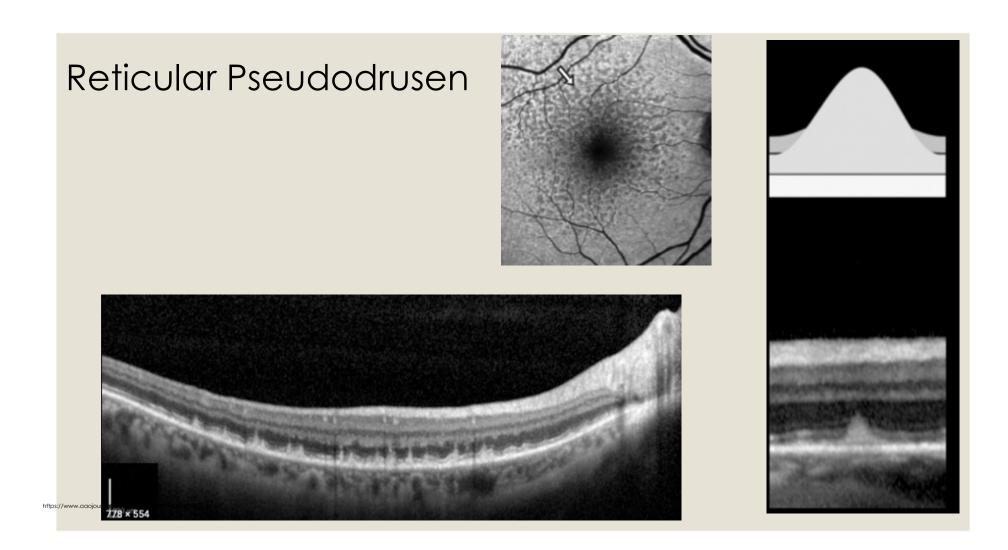


Drusen

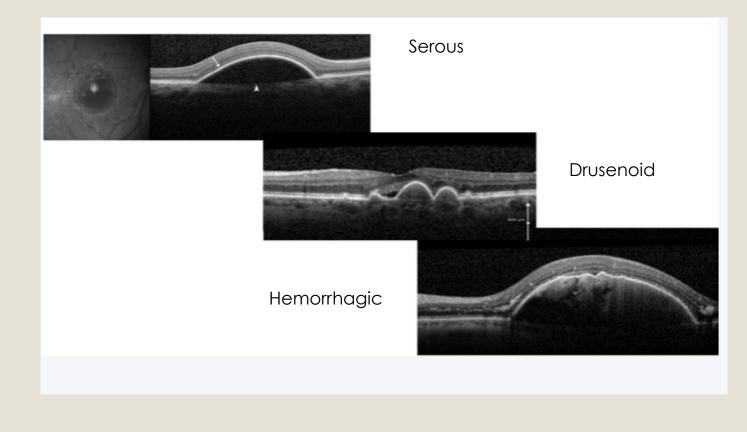
https://benthamopen.com/FULLTEXT/TOOPHTJ-13-90/FIGURE/F3/



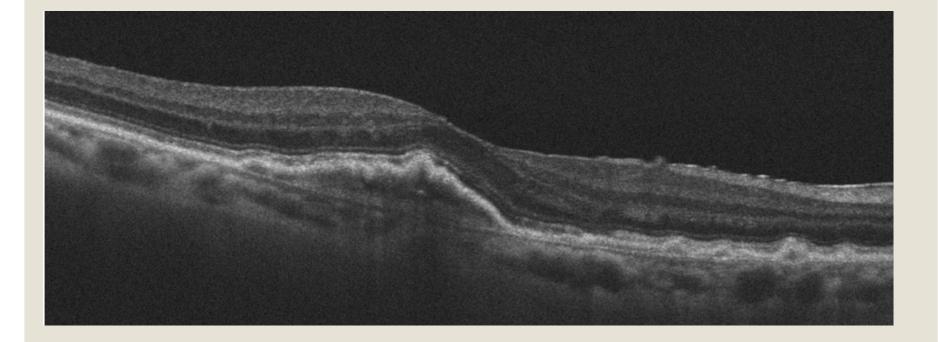
https://www-clinicalkey-com.ezproxylocal.library.nova.edu/#!/content/book/3-s2.0-B9780323461214000091



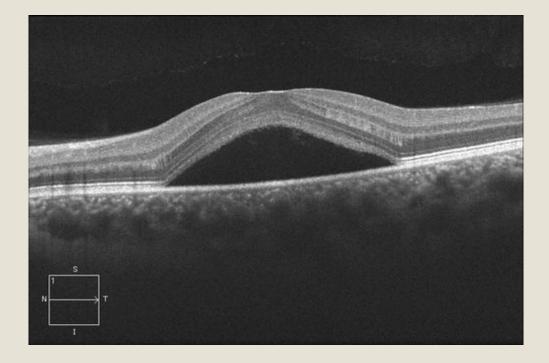
Pigment Epithelial Detachments



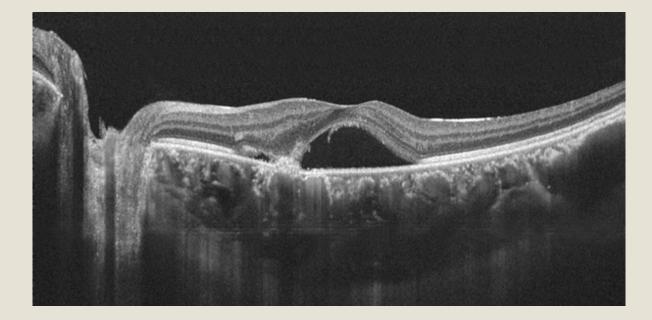
Pigment Epithelial Detachments: What Kind?



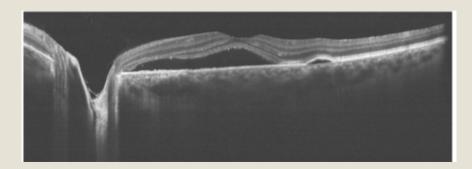
Central Serous Chorioretinopathy

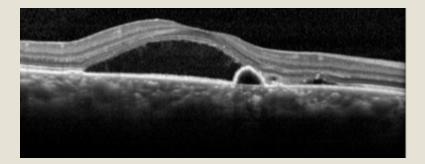


Central Serous Chorioretinopathy: Chronic

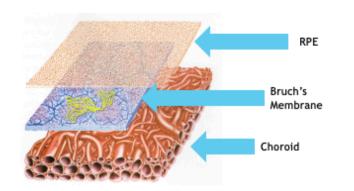


Central Serous Chorioretinopathy and PED

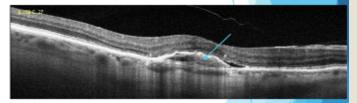


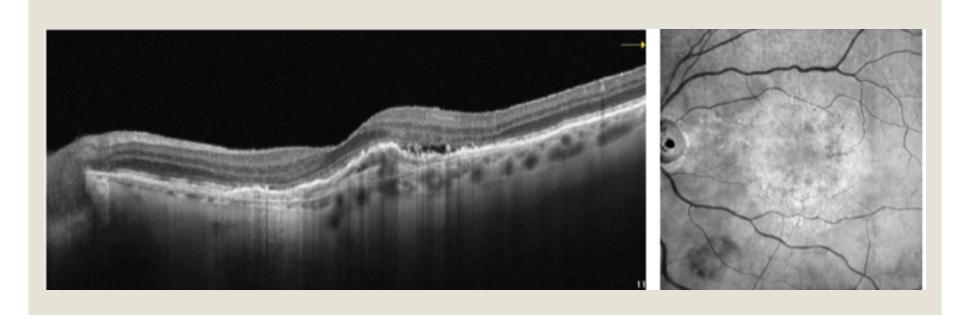


Type 1 "Occult" CNV

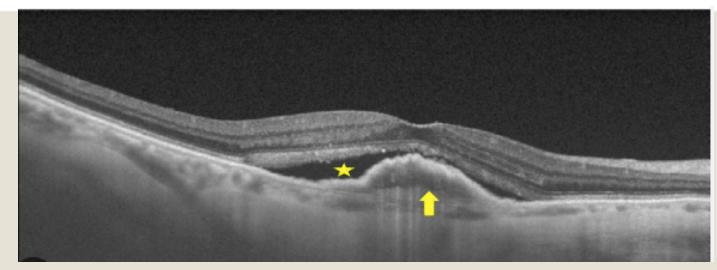


- New vessels develop in the choroid
- New vessels located BELOW RPE and ABOVE Bruch's membrane

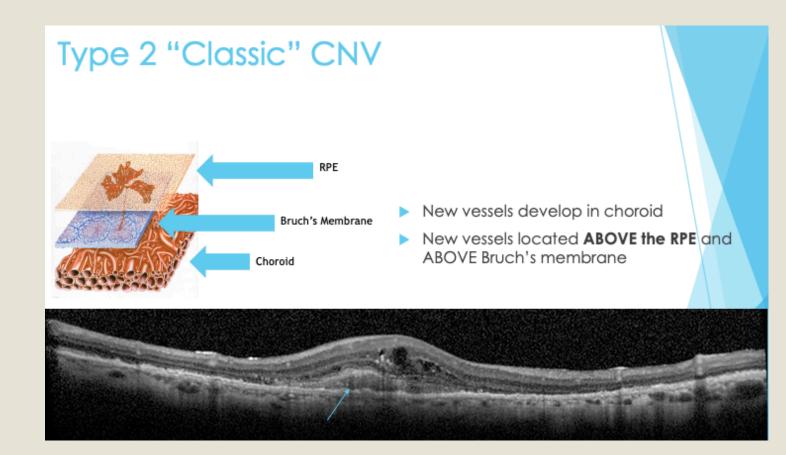


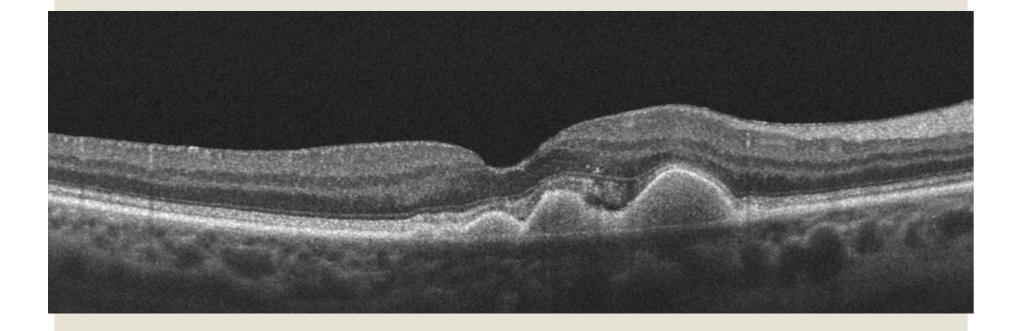


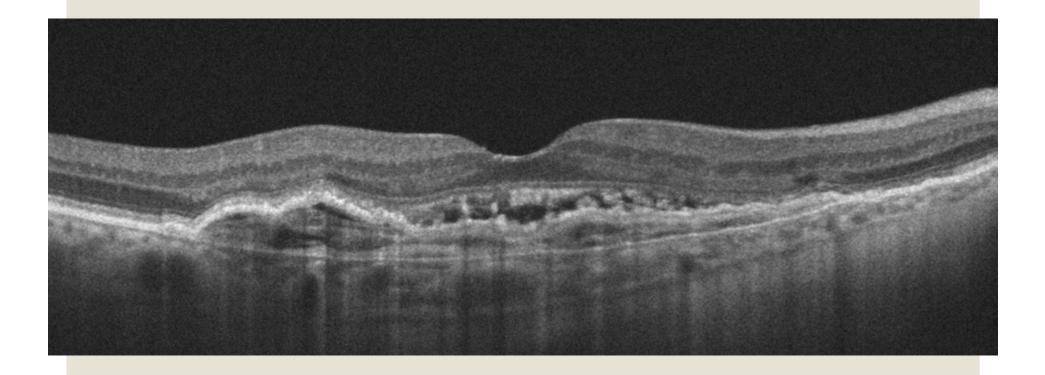
Adil Maftouhi

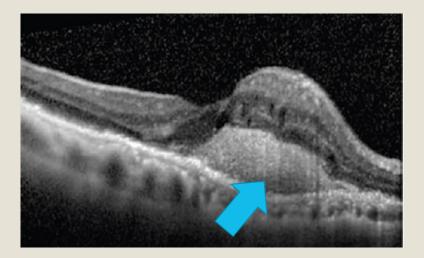


Occult: Under the RPE





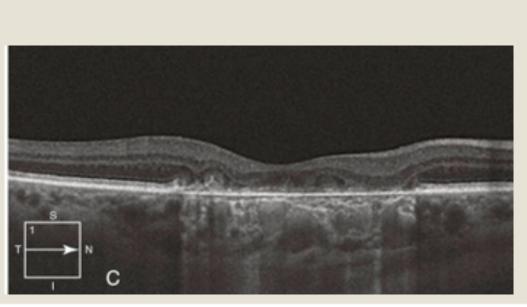


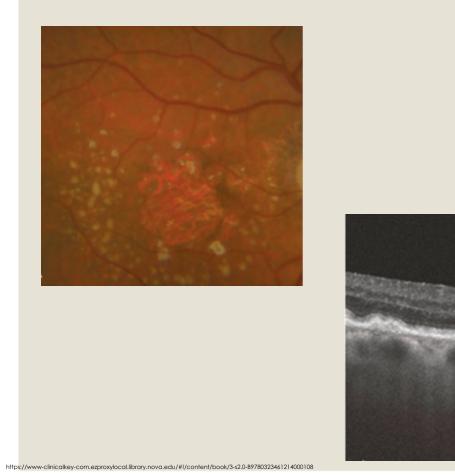


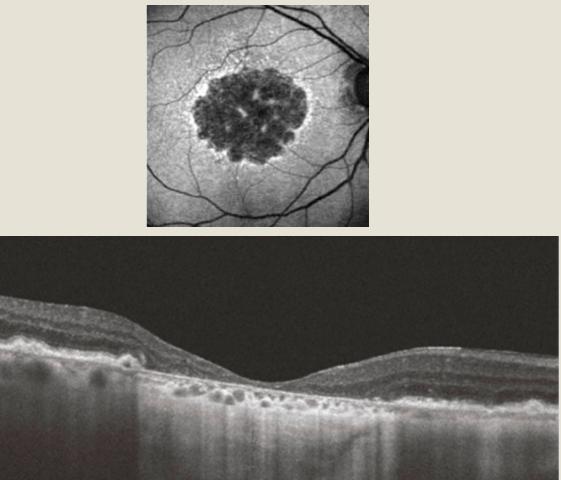
Classic: Above the RPE

Geographic Atrophy

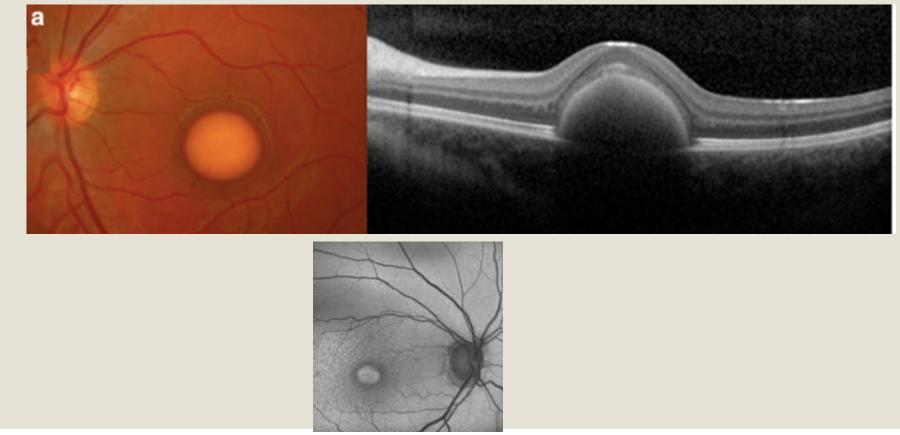








Vitelliform Dystrophy



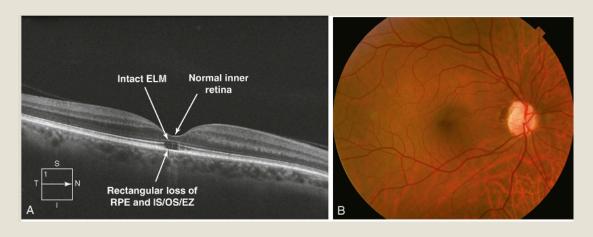
https://www.researchgate.net/ligure/Natural-course-of-viteliform-stage-in-BVMD-over-Syears-of-follow-up-The-typical_fig1_33799069

Solar/Laser Maculopathy

Accidental or purposeful prolonged exposure to intense light sources such as the sun (as may happen in psychiatric disease or during a solar eclipse), a welding arc, or an operating microscope can result in photochemical injury to the macula

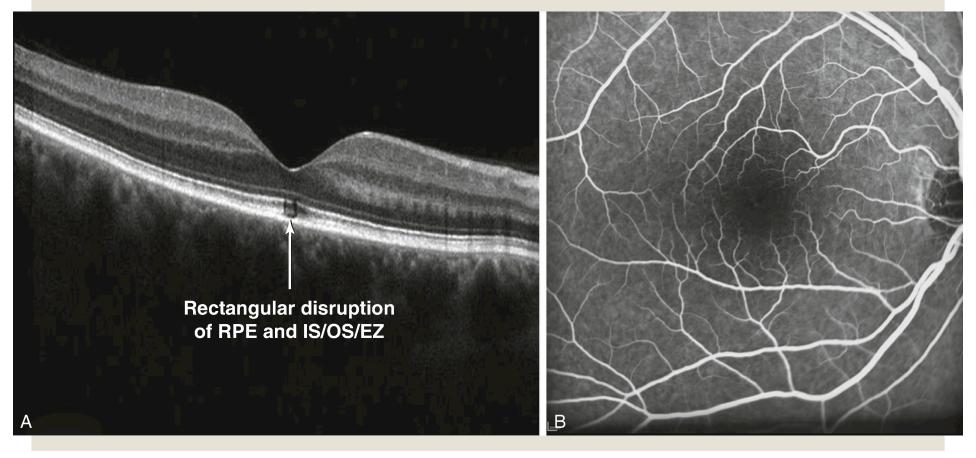
•• The inner retina is normal.

•• Focal disruption or loss of the retinal pigment epithelial (RPE) and inner segment/outer segment/ ellipsoid zone (IS/IO/EZ), with sharply demarcated borders of normal retina on the edge



https://www-clinicalkey-com.ezproxylocal.library.nova.edu/#!/browse/book/3-s2.0-C20210017594

Solar/Laser Maculopathy

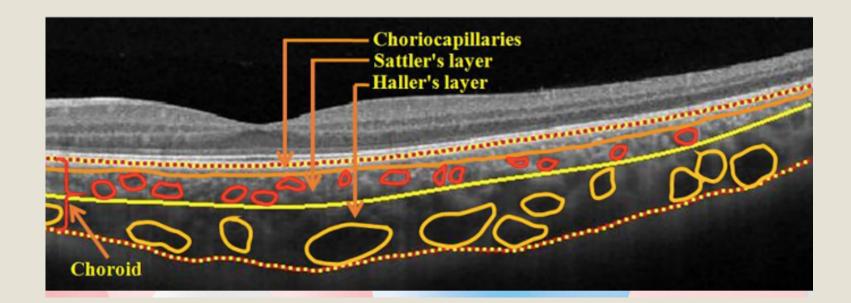


https://www-clinicalkey-com.ezproxylocal.library.nova.edu/#!/browse/book/3-s2.0-C20210017594

OUTER RETINAL DISEASE

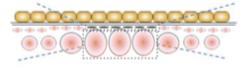
Pachychoroid Clinical Spectrum

Pachychoroid Spectrum refers to a group of clinical entities that have a common characteristic: a pachychoroid (thick choroid)



Pachychoroid

Inner choroidal attenuation



Dilated large choroidal vessels

Features of the Choroid

Choroidal thickness varies with age, ethnicity and axial length
 Normal subfoveal choroidal thickness 250-350 um

Pachychoroid: Choroidal thickness >390 um;
 Extrafoveal thickness exceeding subfoveal by 50 um

https://link.springer.com/article/10.1007/s10384-020-00740-5/figures/1

Chorioretinal Disease affects choroidal thickness!

Thicker

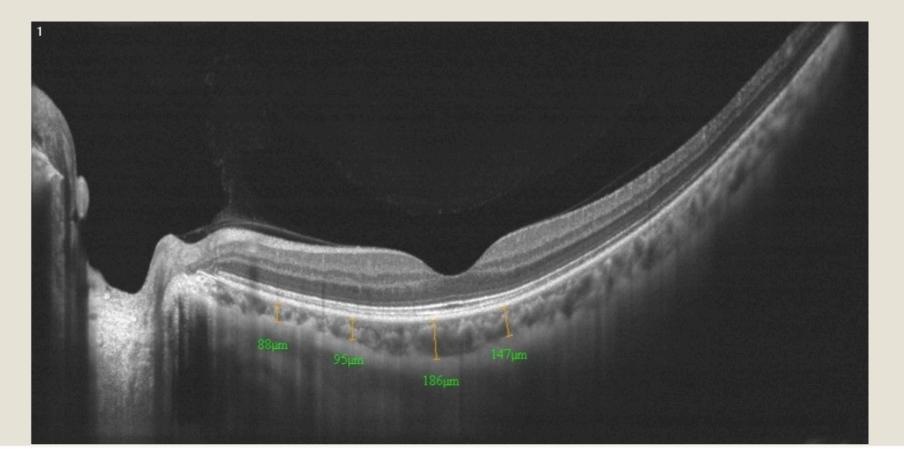
- Central Serous Chorioretinopathy
- Polypoidal Choroidal Vasculopathy

Thinner

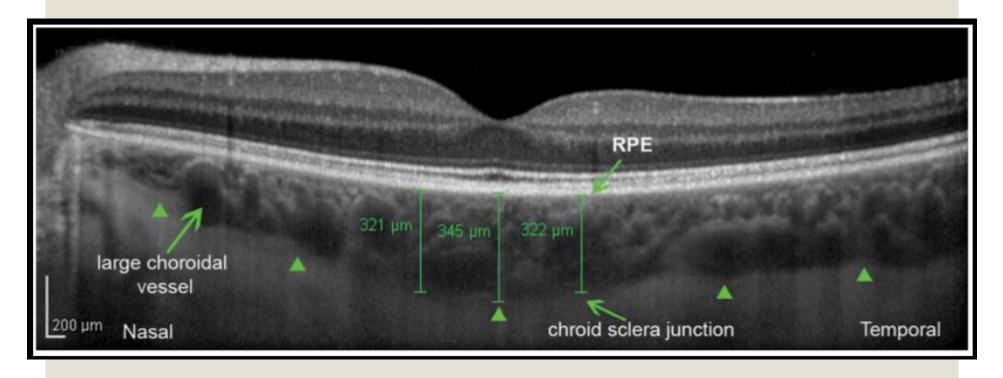
- ✤ Age Related Macular Degeneration
- ✤ Proliferative DR/ DME
- ✤ Retinitis Pigmentosa
- ✤ Glaucoma

https://link.springer.com/article/10.1007/s10384-020-00740-5/figures/1

Choroid: In Detail



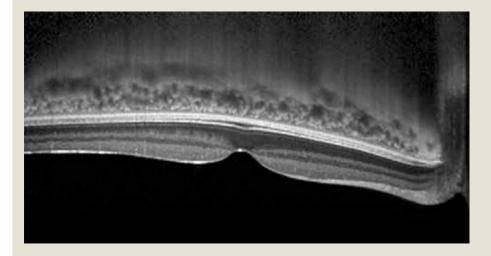
Choroid: In Detail (Pachychoroid)

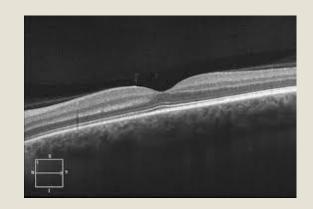


Enhanced Depth Imaging

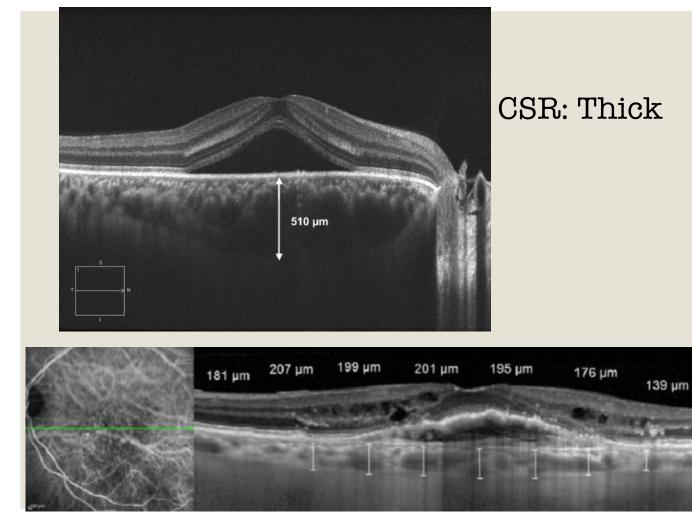
Place OCT closer to patient's eye; improves image resolution

Inverting the image provides enhanced visualization of the RPE, Bruch's membrane, choroid and sclera (extra 500-800 um penetration)



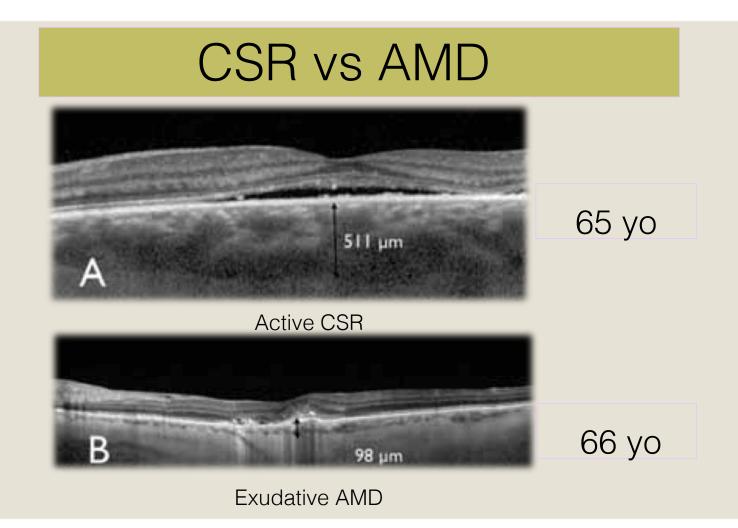


https://www.bioz.com/result/spectralis/product/heidelberg%20engineering



AMD: Thin

https://www.researchgate.net/figure/Optical-coherence-tomography-in-dry-AMD-The-choroid-is-thin-the-charoidal-vessels_fig3_258955680



- Uncomplicated Pachychoroid
- Central serous chorioretinopathy (CSC)
- Pachychoroid neovasculopathy
- Polypoidal choroidal vasculopathy
- Focal Choroidal Excavation

Uncomplicated Pachychoroid

•No RPE alterations

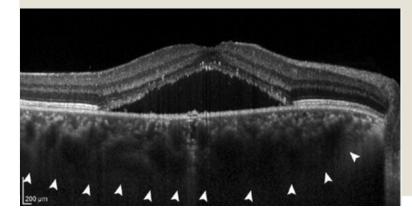
•No subretinal fluid

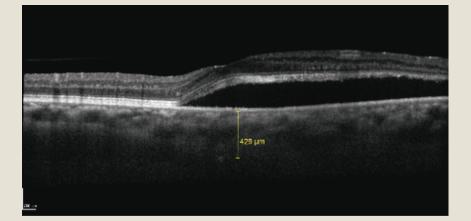


Thick choroid, dilated Haller's layer vessels

Retina Imaging Channel

Central Serous Chorioretinopathy



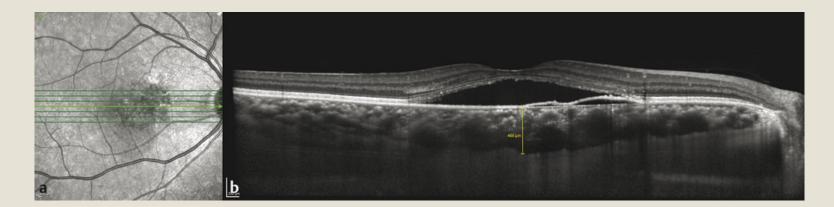


https://en.wikipedia.org/wiki/Pachychoroid_disorders_of_the_macula

https://entokey.com/central-serous-choriorefinopathy-and-pachychoroid-diseas

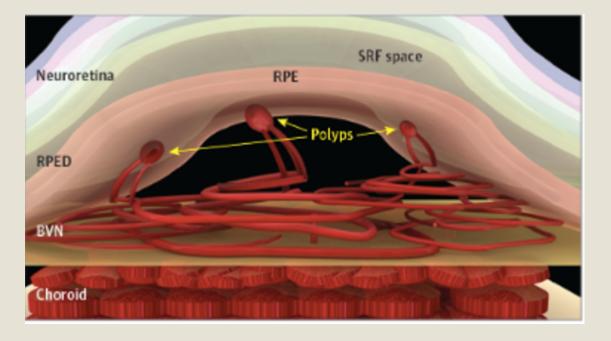
Pachychoroid Neovasculopathy

• Type 1 CNV with thick choroid!



https://entokey.com/central-serous-chorioretinopathy-and-pachychoroid-diseas

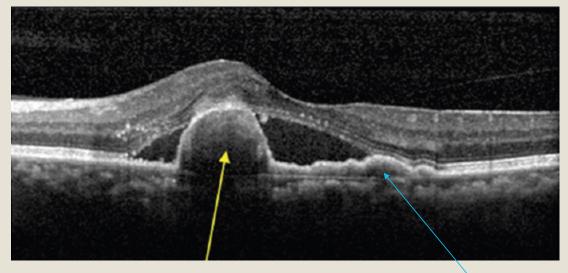
Polypoidal Choroidal Vasculopathy

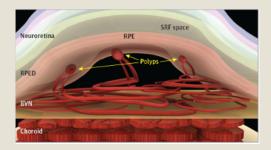


Serosanguinous RPE detachments

Serous Fluid

Blood

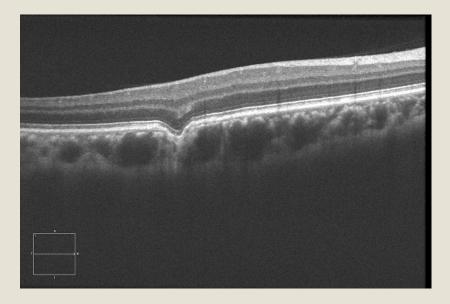




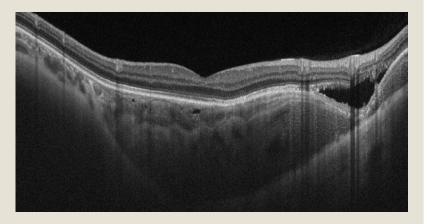
Double layer sign: Suggestive of CNVM

http://www.ijo.in/viewimage.asp?img=IndianJOphthalmol_2018_66_7_896_234954_f2.jpg

Focal Choroidal Excavation



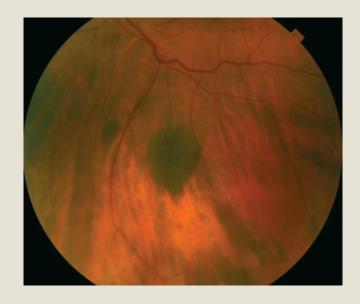




- Conforming (photoreceptor tips are in direct contact with RPE)
- Non-conforming (photoreceptor tips are detached from RPE)

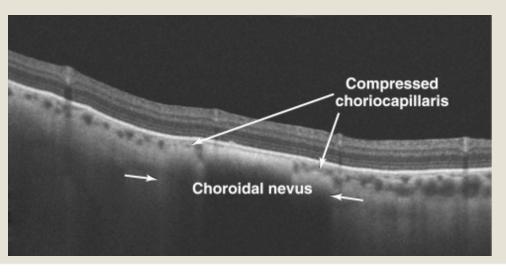


Choroidal Nevus



•Flat to minimal thickening is seen.

- •• Well-defined blocking of signal occurs in the outer choroid.
- Overlying choriocapillaris is compressed
 Overlying retina may have cystic changes or localized subretinal fluid.



https://www-clinicalkey-com.ezproxylocal.library.nova.edu/#!/browse/book/3-s2.0-C20210017594

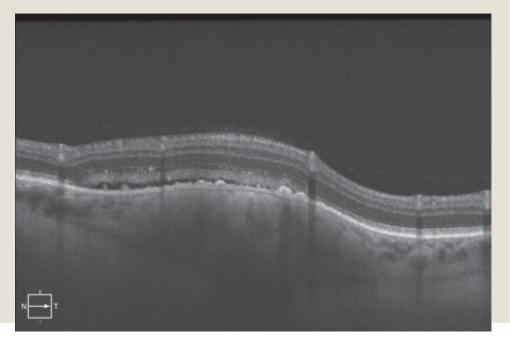
Choroidal Melanoma

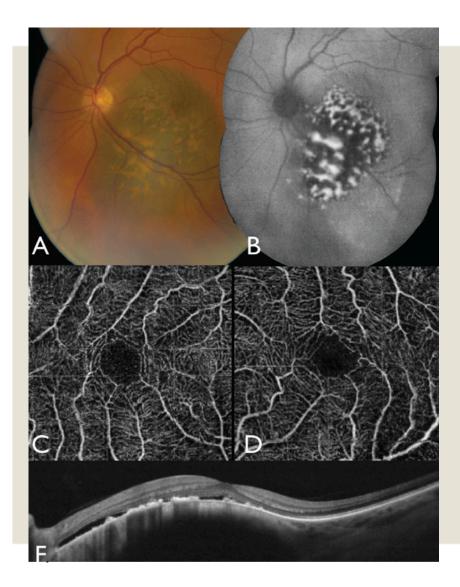


https://www-clinicalkey-com.ezproxylocal.library.nova.edu/#!/browse/book/3-s2.0-C20210017594

•Elevated choroidal mass with extensive blocking of signal •Obscuration of the normal choroidal vascular pattern in the area of the tumor

•Overlying subretinal fluid is present with shaggy photoreceptor



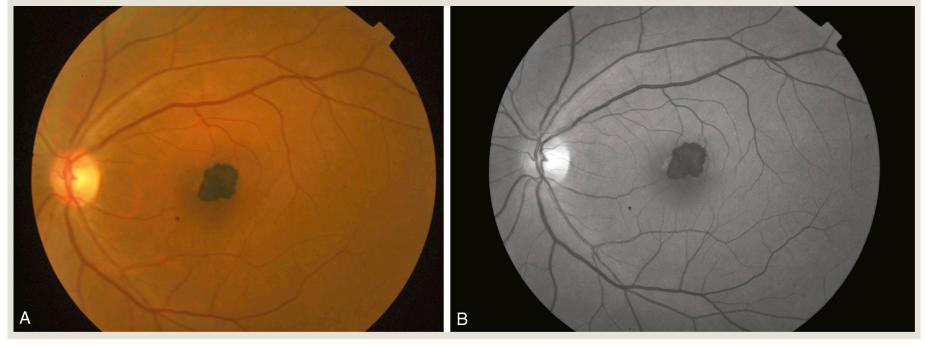


Multimodal imaging of choroidal melanoma

https://retinatoday.com/articles/2016-july-aug/which-tumor-what-imaging-modality

Simple Hamartoma of the RPE

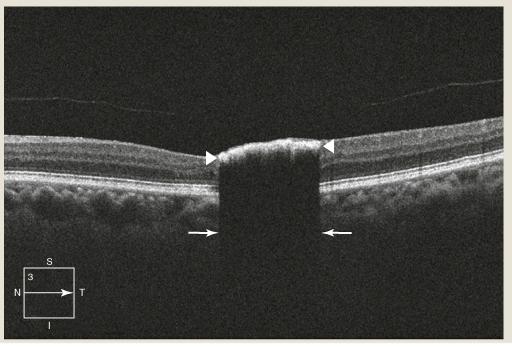
•Congenital simple hamartoma of the retinal pigment epithelium (RPE) is an uncommon, benign tumor of the RPE that appears as a jet-black, well-demarcated, round lesion on the foveal surface



https://www-clinicalkey-com.ezproxylocal.library.nova.edu/#!/browse/book/3-s2.0-C20210017594

Simple Hamartoma of the RPE

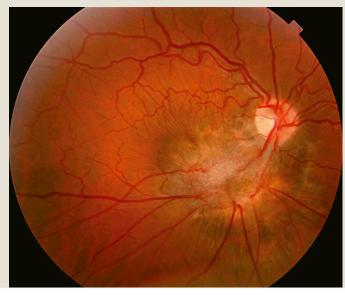
•Congenital simple hamartoma of the retinal pigment epithelium (RPE) is an uncommon, benign tumor of the RPE that appears as a jet-black, well-demarcated, round lesion on the foveal surface

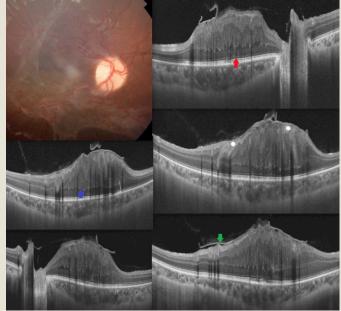


https://www-clinicalkey-com.ezproxylocal.library.nova.edu/#1/browse/book/3-s2.0-C20210017594

Combined Hamartoma of the Retina and RPE

- Combined hamartoma of the retina and retinal pigment epithelium (RPE) is a rare, benign hamartomatous growth.
- The usual clinical appearance is a peripapillary, pigmented, focal disorganization of the retina, with overlying fibrosis.





https://www-clinicalkey-com.ezproxylocal.library.nova.edu/#!/browse/book/3-s2.0-C20210017594



What is Hydroxychloroquine (Plaquenil)?

Disease-modifying anti-rheumatic drug (DMARD)
 Originally anti-malarial

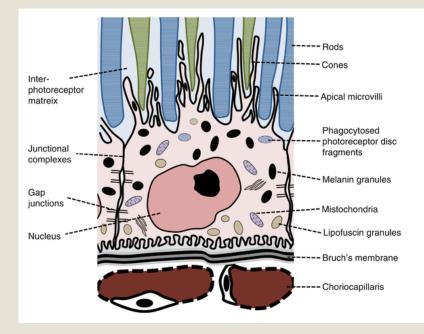
Used to treat rheumatoid arthritis, lupus, and other inflammatory and dermatologic conditions



What is Hydroxychloroquine (Plaquenil)?

- Metabolite of chloroquine
- Longer half life
 Less drug needed for efficacy

Binds to melanin in RPE
 Results in Bulls-Eye
 Maculopathy

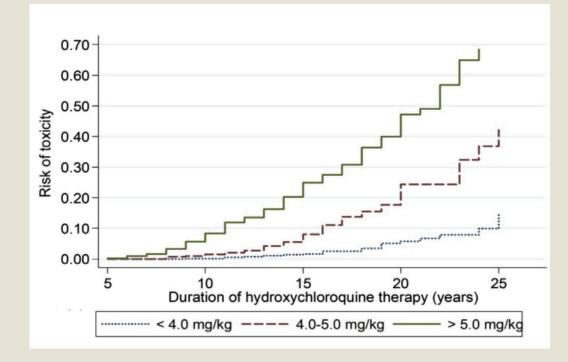


*Dose:

Maximum daily HCQ use of < 5.0 mg/ kg real weight

Duration:

At recommended dosage, risk of toxicity up to 5 years is under 1% and up to 10 years is under 2%... BUT 20% AFTER 20 YEARS!!! High dose and long duration of use are most significant risk factors



JAMA Ophthalmol 2014;132:1453e60

Major Risk Factors:

Concomitant renal disease
 Subnormal glomerular filtration rate

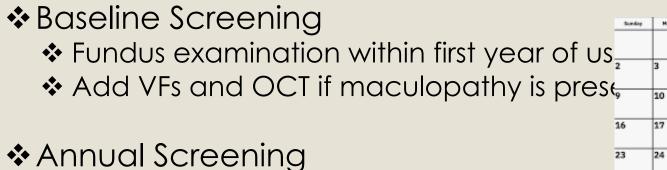
Concomitant Drugs
 Tamoxifen Use

Retinopathy is not reversible!!

Screening Schedule

Thursday

Saturday



- Annual screening
 Begin after 5 years of use
 - Sooner in the presence of major risk factors

65-year-old Caucasian Female

 Complaints of "central darkening" OU
 Progressive worsening
 History of rheumatoid arthritis (20+ years)

BCVA:OD 20/40; OS 20/40-

Medications:

- Methotrexate
- Plaquenil: 400 mg x 20 years

Risk of Plaquenil Maculopathy

Step 1: Evaluate the dosage:

Dose:
 Maximum daily HCQ use of < 5.0 mg/kg real weight

150 lb. converts to 68 kg

400mg/68 kg = 5.88 mg/kg

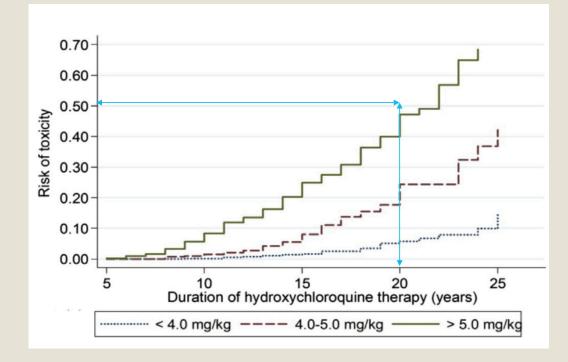
Risk of Plaquenil Maculopathy

Step 2: Evaluate the duration:

Duration:
At recommended dosage, risk of toxicity up to 5 years is under 1% and up to 10 years is under 2%... BUT 20% AFTER 20 YEARS!!!

20 years of use and dosage higher than recommended

Recommendations on Screening for Chloroquine and Hydroxychloroquine Retinopathy (2016 Revision)



JAMA Ophthalmol 2014;132:1453e60

Risk of Plaquenil Maculopathy

Step 3: Assess other major risk factors:

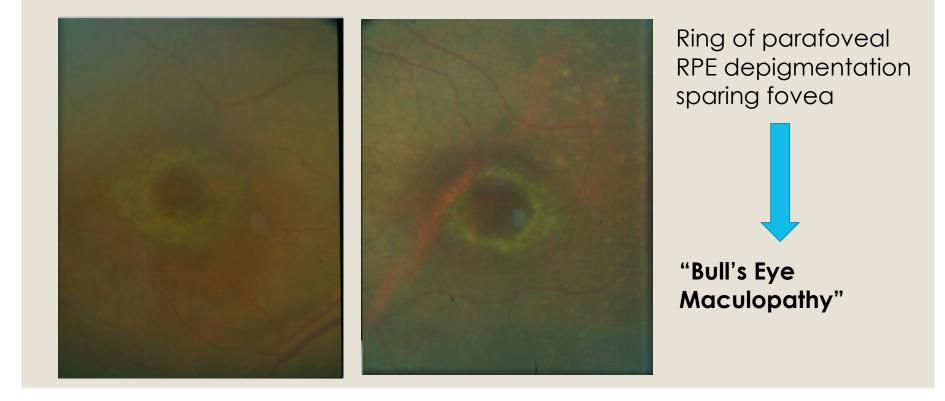
Major Risk Factors:

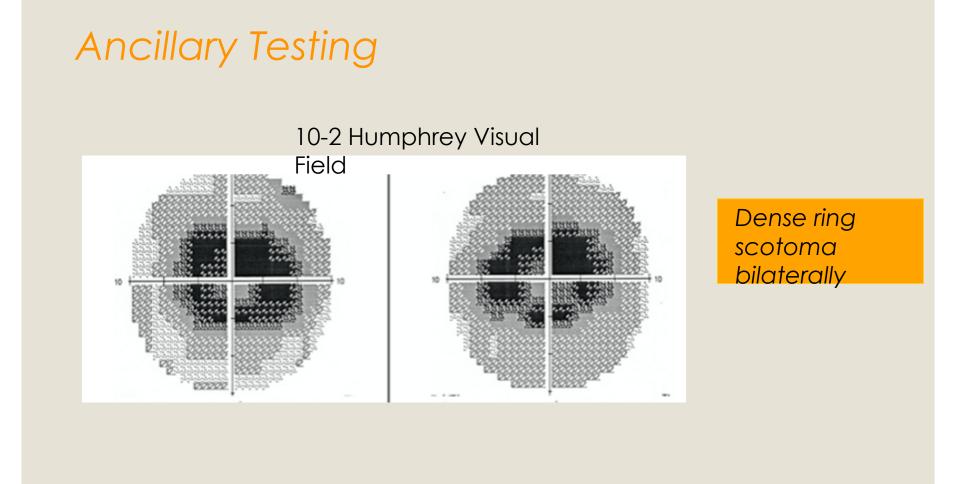
Concomitant renal disease
 Subnormal glomerular filtration rate

Concomitant Drugs
 Tamoxifen Use

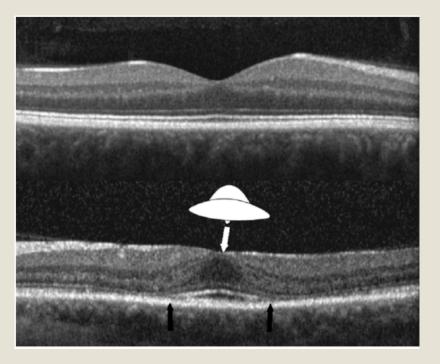
This patient does not have any other major risk factors

Dilated Fundus Examination



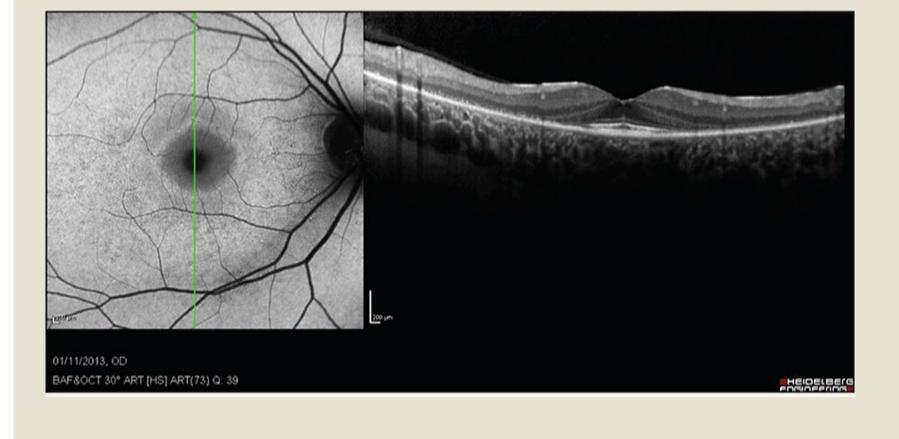


Ancillary Testing: Optical Coherence Tomography

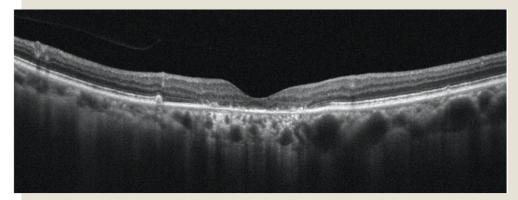


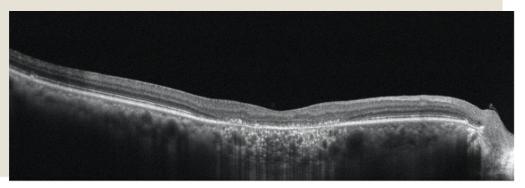
https://www.researchgate.net/figure/Top-Normal-Spectralis-spectral-domain-optical-coherence-tomography-SD-OCT-imagewith fig3. 4960243

Recommendations on Screening for Chloroquine and Hydroxychloroquine Retinopathy (2016 Revision)



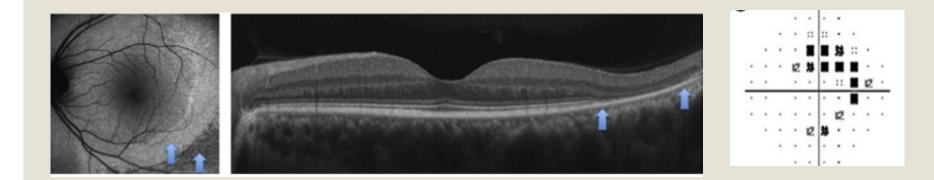
Ancillary Testing: This patient





Toxicity Variation: Asians

Classic "bulls-eye" pattern of toxicity is infrequent in Asian patients; initial damage is seen in a more peripheral extramacular distribution near the arcades.



Recommendations on Screening for Chloroquine and Hydroxychloroquine Retinopathy (2016 Revision)

Clinical Pearl

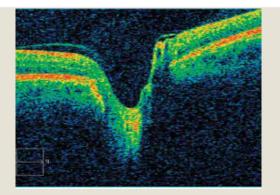
Maculopathy is NOT reversible and damage may progress even after drug cessation. Once "bull's eye" is seen... we are too late!!!

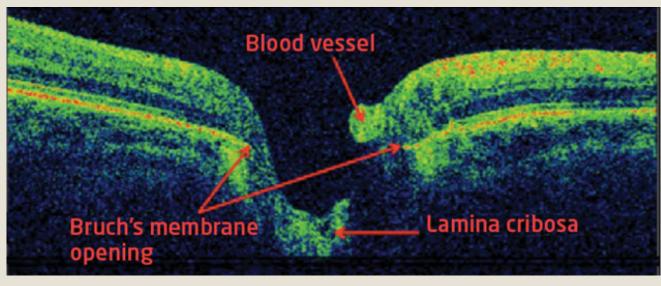
However, when retinopathy is identified early, there is only mild and limited progression after discontinuing the medication.

SCREENING ENABLES EARLY DETECTION!!

Recommendations on Screening for Chloroquine and Hydroxychloroquine Retinopathy (2016 Revision)





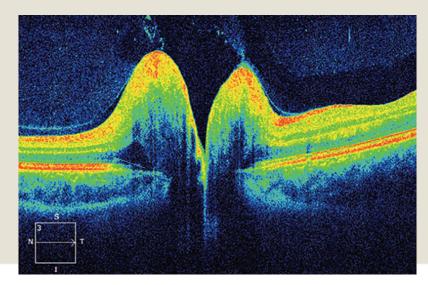


https://www.opticianonline.net/cet-archive/52

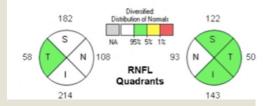
Papilledema

Important features of disc edema on OCT:

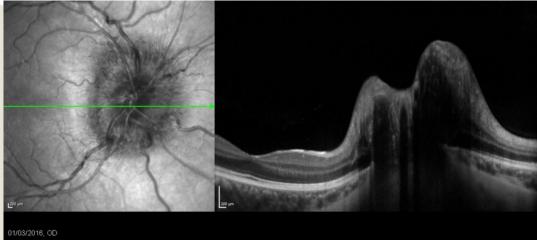
- Smooth contour of elevation
- Nasal RNFL >86 um
- Thick hypo-reflective space adjacent to disc "lazy V" (Especially nasal)







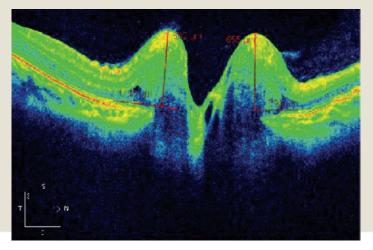
Papilledema



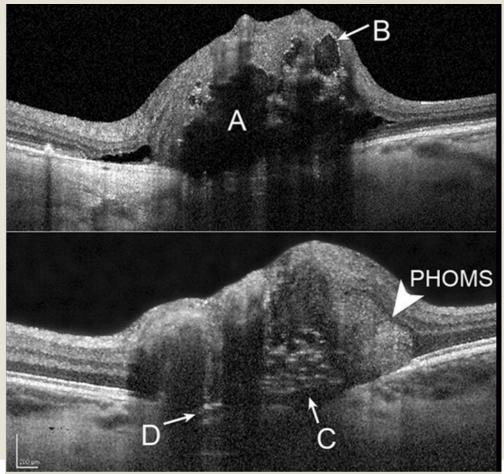
R&OCT 30° ART EDI [HS] ART(100) Q: 42

•Increased ICP will push the globe anteriorly

•With EDI, can see an anteriorly displaced Bruch's membrane



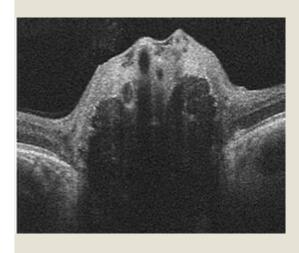
ONH Drusen

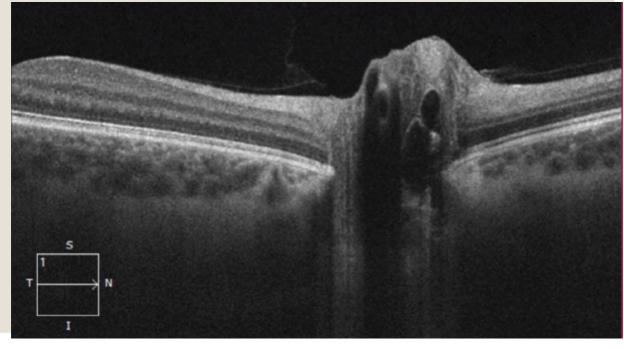


A: Signal Poor Core B. Hyperreflective Cap C. Multiple small hyperreflective aggregates within a signal poor core D. PHOMS (peripapillary hyperreflective ovoid mass: NOT drusen

ONH Drusen

Irregular, bumpy contour Hypo-reflective centers Hyper-reflective margins



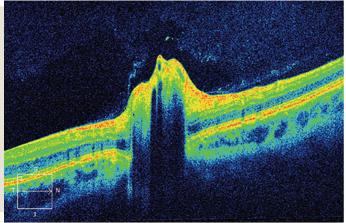


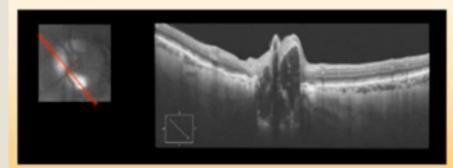
https://www.optometrylimes.com/view/imaging-to-differentiate-disc-drusen-from-papiledema

ONH Drusen

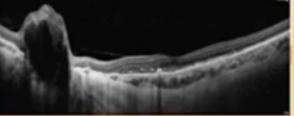
Reflectance of Hyaline and Shadowing beneath:

Not seen in cases of papilledema

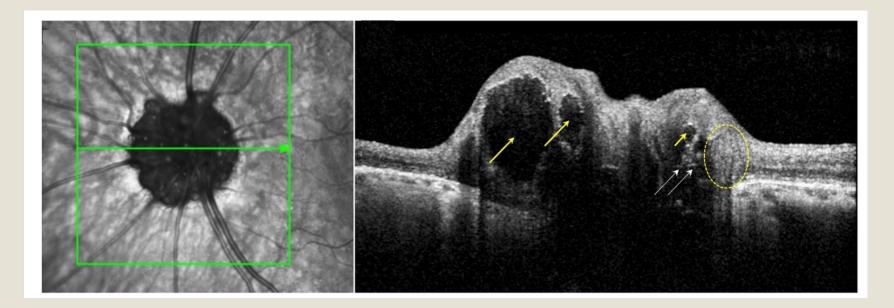






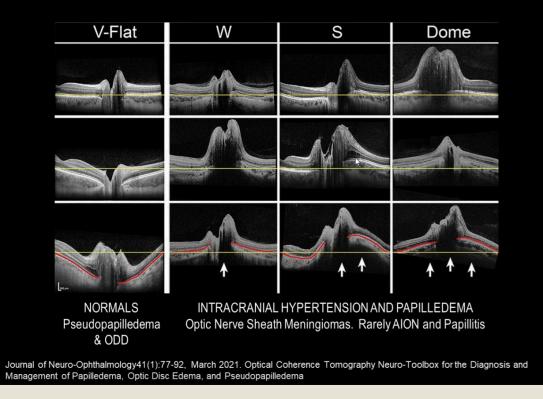


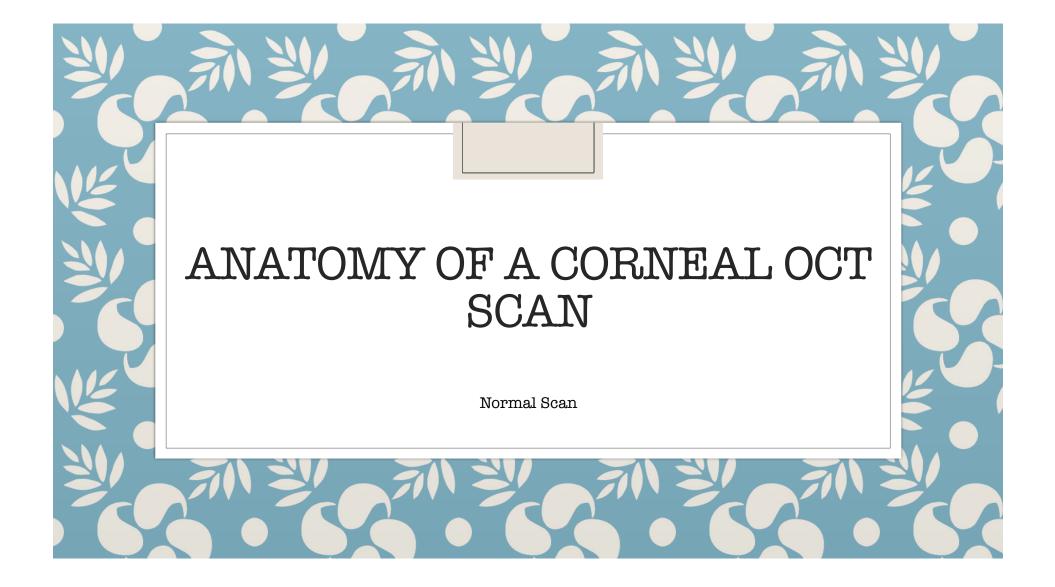
https://www.ophthalmologymanagement.com/issues/2015/december-2015/the-papilledema-dilemm



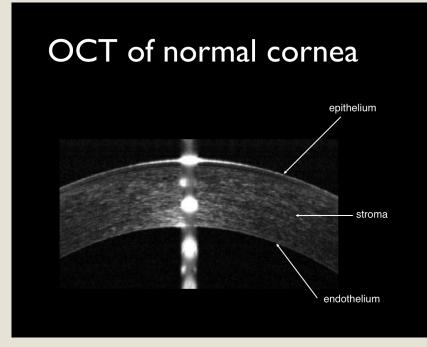
Yellow arrows: Drusen with a hyporeflective core and hyperreflective margin White arrows: Conglomerates of hyperreflective thin lines may represent early drusen Yellow circles: PHOMS

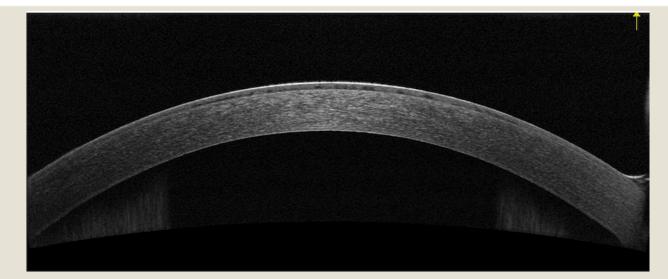
Peripapillary Shape Patterns/Deformations





Normal Cornea

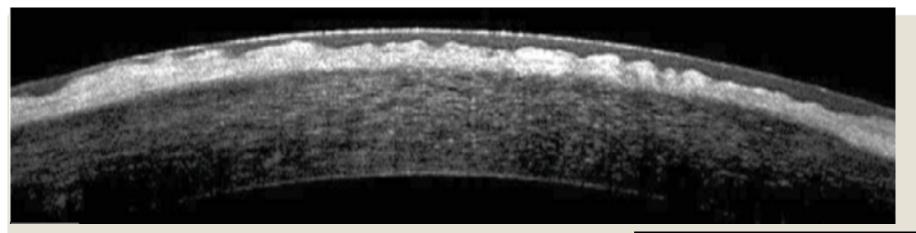






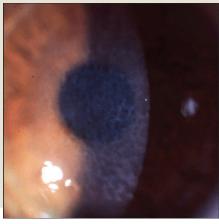
Epithelial/Sub-Epithelial Dystrophies Map Dot Fingerprint



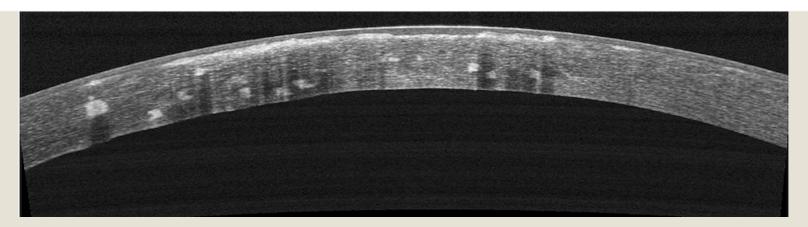


Epithelial/Sub-Epithelial Dystrophies

Reis Buckler





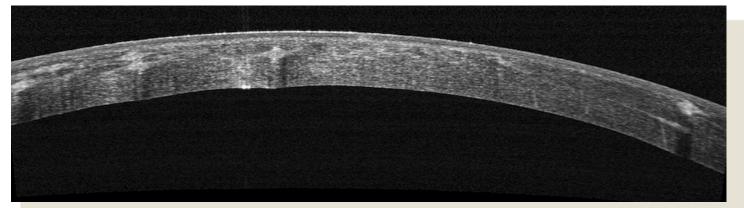


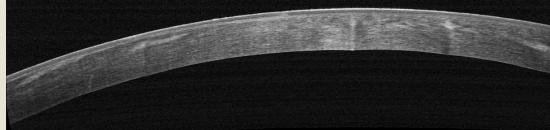
Stromal Dystrophies

Granular





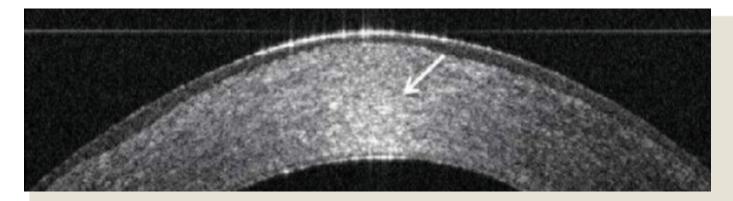




Stromal Dystrophies Lattice





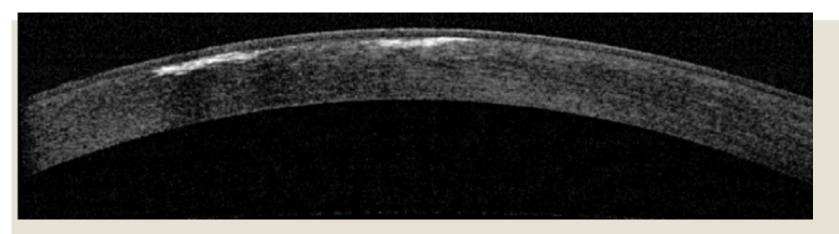


Stromal Dystrophies

Macular



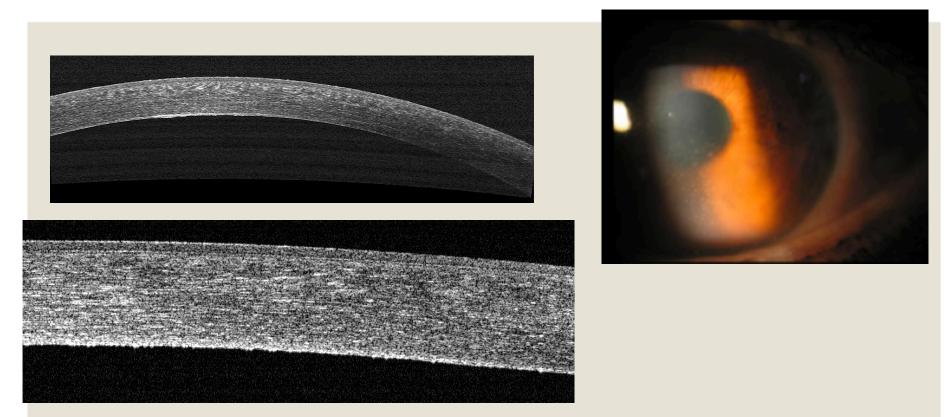




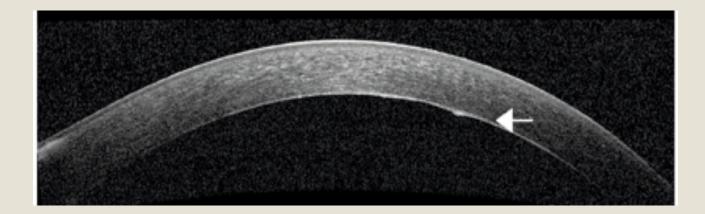
Stromal Dystrophies Schnyder Crystalline





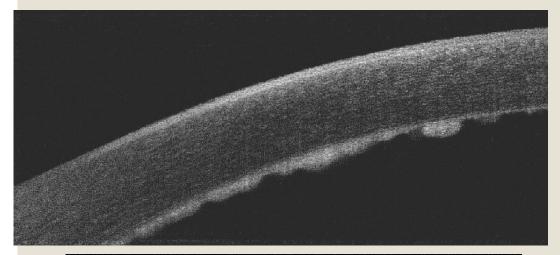


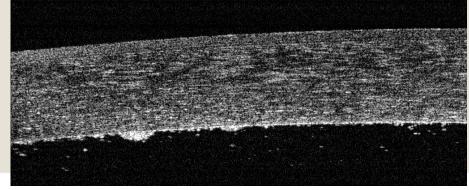
Endothelial Dystrophies Fuch's Endothelial



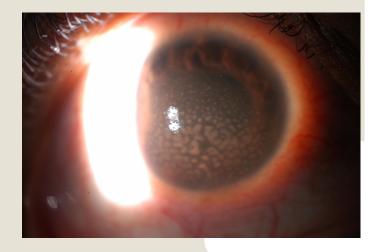
Endothelial Dystrophies Posterior Polymorphous

Keratic Precipitates

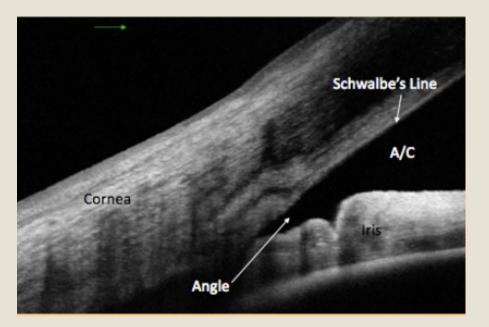




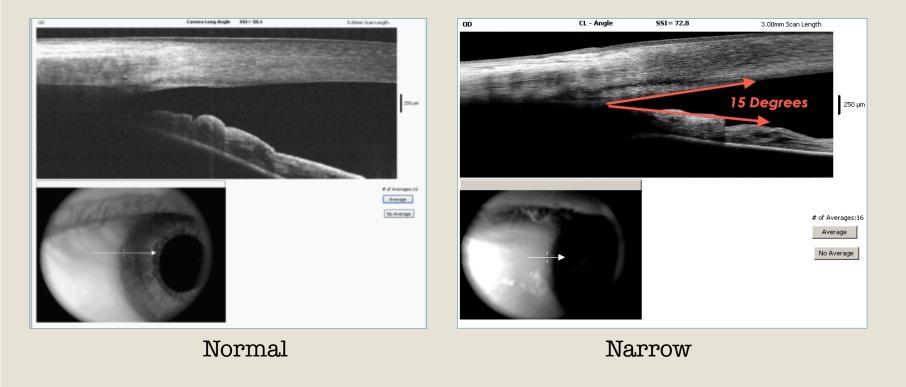




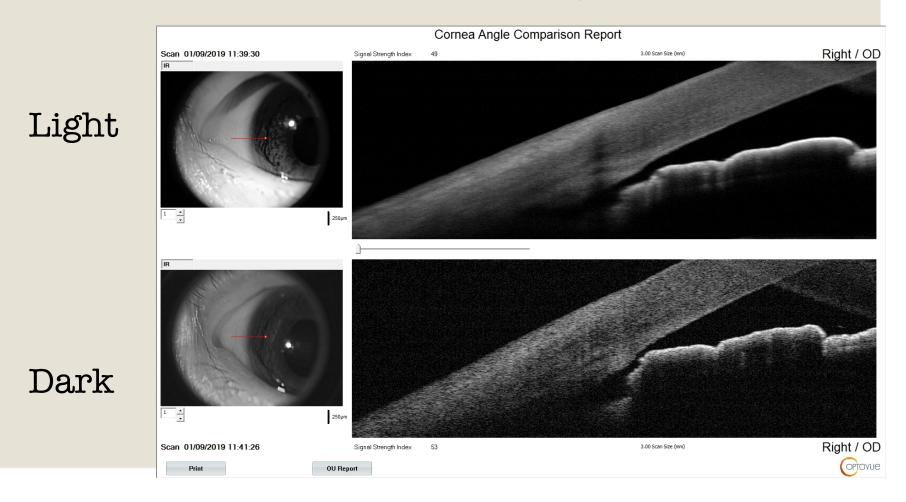
Angle Measurement



Angle Measurement



How narrow is the angle???



Thank you!!!

rjulie@nova.edu